

Appalachian Spring Spectacular Bicycle Ride

When: Sunday, May 3, 2015, 9:00am (*Registration starts 8:00am*)

Where: Wharf Street Parking Garage
61 Wharf Street, Morgantown, WV 26501

Rides: Choose a 25 mile rail-trail ride or a 25, 45, or 60 mile ride on scenic low traffic roads. Routes are reasonably hilly and challenging for moderately fit cyclists. Each ride includes a snack stop and SAG wagon support.

Food: Coffee and snacks before the ride, snack stop during the ride, and gathering at Mountain State Brewing Company after the ride!

Cost: \$10 - Includes map, cue sheet, snack stop, and SAG wagon.
The gathering at the Mountain State Brewing Company, 54 Clay Street, will offer several food discounts for ride participants and is pay your own way (not included in event fee).

Go to www.CRCyclists.org to download the Registration Form prior to the event, or contact CRCCyclists.info@gmail.com for more information.

All riders must sign a waiver (including adult for minor).

Helmets required!

Saturday Bonus Ride

*Meet at the Morgantown Courthouse for a free, non-supported ride.
Saturday, May 2 at 9:00am. This ride option is 70-85 miles
at moderate tempo with ~7,000 feet climbing.
Contact: Jack Barker (304) 282-6275*

MAY IS NATIONAL BIKE MONTH - COME OUT AND RIDE WITH US!

The Appalachian Spring Spectacular is sponsored by

Country Roads Cyclists

PO Box 4322, Clarksburg, WV 26302

www.CRCyclists.org CRCCyclists.info@gmail.com

We invite you to join Country Roads Cyclists! Your \$10 annual membership (\$15.00 for Families) includes a bi-monthly newsletter and ride schedule.
Country Roads Cyclists – serving north-central WV cyclists since 1979!