

...SPOKIN' RIDES...

COUNTRY ROADS CYCLISTS GET OUT AND GO!

July-August 2022 RIDE SCHEDULE

Ride Captain: Marilyn Newcome 304-216-9062

Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (*) easy (**) moderate (***) difficult (****) extreme
T=trail, R=mostly or all road, T/R = both in roughly equal amount

Saturday, July 2 at 12:00 NOON Decker's Creek Trail Ride, Kelly Williams 304-276-5530

(**,T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT. 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

Sunday, July 3 at 12:00 NOON Fayette County Loop, Kelly Williams 304-276-5530

(***, R) 30-35 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride a loop that will include several long climbs, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

Saturday, July 9 at 10:00 AM Nilan Hill- Lake Lynn Loop, Phil Slates 304-777-9663

(***, R) 30-35 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride a loop that will include climbing Nilan Hill and returning on Lake Lynn Hill, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

Sunday, July 10 at 12:00 NOON ANNUAL PICNIC and BIKE and KAYAK, Jennifer Previll 304-282-0218

(*, T) 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT. 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the Twin Spruce Marina, for kayaking, before returning to the start. (Kayaks can be rented for \$10 donation at the Twin Spruce Marina.) We will also have a picnic at the marina. **NOTE: Bring picnic food for yourself and to share. Gerry will be at the start to transport food down to the marina.**

Saturday, July 16 at 12:00 NOON Tom Cat Hollow Loop, Marilyn Newcome 304-216-9062

(***, R/T). 35 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride a loop that will climb Friendship Hill then turn, we will climb Tom Cat Hollow, before returning on Nilan Road and then back to Star City. (Trail riders can bike to Point Marion and back.)

Sunday, July 17 at 10:00 AM Taylortown Loop, Phil Slates 304-777-9663

(**, R) 30 miles. Meet at the parking lot behind Wendy's in Sabraton (RT. 7, East). We will bike down Decker's to the park, and then cross the Westover Bridge. From there, we bike on Rt. 100 to Taylortown Road, returning to town down Fort Martin Hill, and Rt. 100.

Saturday, July 23 at 12:00 NOON Palatine Park to the West Fork River Trail Mike Hawranick 304-641-5564

(**,T) 36 miles. Meet at the Palatine Park in Fairmont. We will bike through Fairmont then along the West Fork Trail to Shinnston, then return. Snacks available in Shinnston, and Shinnston also has a bike shop (Pike Street Bikes). On the return trip, we will stop for ice cream at the Dairy Corner in Fairmont.

Sunday, July 24 at 12:00 NOON Wymps Gap, Kelly Williams 304-276-5530

(***,R) 30 miles. Meet at the Free Methodist Church in Whitehouse (2125 Springhill Furnace Road, on the corner of Rt. 857 and Tobin School Road). We will bike a loop around upper Fayette County, then climb up and down Wymps Gap, and finally a second loop in Fayette County.

Saturday, July 30 at 10:00 AM GAP: Connellsville to Ohiopyle, Karl Diefenbach 304-216-5169

(**,T) 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT. 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

Sunday, July 31 at 10:00 AM Mount Morris Loop, Mike Keane 304-376-060

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, August 6 at 12:00 NOON West Fork River Trail, Steve Knudsen 304-906-3483

(* ,T) 26 miles. Meet at the parking lot next to the Big Lots in Fairmont on Country Club Road. We will bike along the West Fork Trail to Shinnston, then return. Snacks available in Shinnston, and Shinnston also has a bike shop (Pike Street Bikes). Note - there is a half mile gravel trail at the start of the ride.

Sunday, August 7 at 10:00 AM Mount Morris Loop, Rick Probst 443-866-0237

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, August 13 at 10:00 AM Little Falls to Prickett's Fort / MC Trail Steve Knudsen 304-906-3483

(***, R/T) 26 miles. Meet at the Park and Ride Lot on Rt. 73/ Goshen Road. We will bike down Little Falls Hill, then onto Prickett's Fort, and/or the MC Trail, before returning to the start. (Cyclists can also park at the Little Falls trail head.)

Sunday, August 14 at 10:00 AM Mount Morris Loop, Mike Keane 304-376-0604

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, August 20 at 12:00 NOON Dillinger Loop, Kelly Williams 304-276-5530

(***, R) 30 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Mon River, then bike up Dillinger Hill, returning to Morgantown via Fort Martin Road.

Sunday, August 21 at 12:00 NOON BIKE and KAYAK Mon Trail towards Little Falls, Jennifer Preville 304-282-0218

(* , T) 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT. 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the Twin Spruce Marina, for kayaking, before returning to the start. (Kayaks can be rented for \$10 donation at the Twin Spruce Marina)

Saturday, August 27 at 10:00 AM GAP Frostburg to Meyersdale, Karl Diefenbach 304-216-5169

(** , R) 33 miles. Meet at the Frostburg trailhead. We will bike to Meyersdale then return to Frostburg. Lunch and ice cream at Pit Stop Kremery in Meyersdale.

Sunday, August 28 at 10:00 AM Mount Morris Loop, Rick Probst 443-866-0237

(** , R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.