

COUNTRY ROADS CYCLISTS GET OUT AND GO!

## **July-August 2024 RIDE SCHEDULE**

**Ride Captain: Marilyn Newcome 304-216-9062**

**Contact Ride Leader for more details. Wear your helmet.**

Difficulty Rating: (\*) easy (\*\*) moderate (\*\*\*) difficult (\*\*\*\*) extreme

T=trail, R=mostly or all road, T/R = both in roughly equal amount

### **Saturday, July 6, 10:00 AM Decker's Creek Trail to Masontown**

**Marilyn Newcome 304-216-9062**

(\*\*,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

### **Sunday, July 7, 10:00 AM GAP: Connellsville to Ohiopyle Steve Knudsen 304-285-5256**

(\*\*,T) 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

### **Saturday, July 13, 10:00 AM Top of Decker's Creek Trail Marilyn Newcome 304-216-9062**

(\* , T) 14 miles. Meet at the trailhead for Decker's in Reedsville, off of Rt. 92. We will bike to the end of Decker's and back, then return to our cars. From there, we will drive to Authurdale for the annual New Deal Festival.

### **Sunday, July 14, 10:00 AM Wendy's to Opekiska, Jennifer Preville 304-282-0218**

(\* , T) 32 miles. Meet at Wendy's in Sabraton, off of Rt. 7. We will bike south on the Mon River Trail to the Opekiska Lock and Dam. From there, we will return north to the starting point.

### **Saturday, July 20, 10:00 AM Star City to Little Falls Karl Diefenbach 304-216-5169**

(\* , T) 24 miles. Meet at the bathrooms in Star City. We will bike on the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

### **Sunday, July 21, 10:00 AM West Fork River Trail Mike and Olga Hawranick 304-641-5564**

(\* ,T) 26 miles. Meet at the parking lot next to the Big Lots in Fairmont on Country Club Road. We will bike along the West Fork Trail to Shinnston, then return. Shinnston has a bike shop (Pike Street Bikes) and snacks are also available in town. Note - there is a half mile gravel trail at the start of the ride.

**Saturday, July 27, 10:00 AM Mount Morris Loop Marilyn Newcome 304-216-9062**

(\*\*, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Sunday, July 28, 10:00 AM Star City to Friendship Hill Jennifer Preville 304-282-0218**

(\* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Friendship Hill, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

**Saturday, August 3, TBD**

**Sunday, August 4, 10:00 AM Tom's Run Loop Phil Slates 304-777-9663**

(\*\*\*, T and R). 34 miles. Meet at Wendy's in Sabraton. We will bike on the trail to Little Falls Road, climb Little Falls, then Tom's Run, returning on Halleck Road and the trail via Opekiska Dam trailhead.

**Saturday, August 10, 10:00 AM Marietta, OH Bike Tour Mike and Olga Hawranick 304-641-5564**

Mike and Olga Hawranick will be exploring the roads and trails around Marietta, OH. Plan on finding a room in Marietta for Saturday night and enjoying this city located along the Ohio River. Contact Mike for more information.

**Sunday, August 11, 10:00 AM Marietta, OH Bike Tour Mike and Olga Hawranick 304-641-5564**

Mike and Olga Hawranick will be exploring the roads and trails around Marietta, OH. Contact Mike for more information.

**Saturday, August 17, 10:00 AM Lake Lynn Dam Marilyn Newcome 304-216-9062**

(\* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

**Sunday, August 18, 10:00 AM Mount Morris Loop Jennifer Preville 304-282-0218**

(\*\*, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Saturday, August 24, 10:00 AM Elk River Trail Out and Back Tom Pinto 304-276-5051**

(\* , T). 30 miles. Drive to the Elk River Trail trailhead, located in Duck, WV. (It is a 2 hour drive south on I -79). This will be an out and back on the Elk River Trail. Being plenty of water and snacks. Contact Tom Pinto for more details.

**Sunday, August 25, 10:00 AM Mount Morris Loop Mike Hawranick 304-641-5564**

(\*\*, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Saturday, August 31, 10:00 AM West Fork River Trail Marilyn Newcome 304-216-9062**

(\* ,T) 26 miles. Meet at the parking lot next to the Big Lots in Fairmont on Country Club Road. We will bike along the West Fork Trail to Shinnston, then return. Shinnston has a bike shop (Pike Street Bikes) and snacks are also available in town. Note - there is a half mile gravel trail at the start of the ride.