....SPOKIN' RIDES....

COUNTRY ROADS CYCLISTS GET OUT AND GO! March-April 2018 RIDE SCHEDULE Road Captain: Steven Knudsen (304-906-3483) Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (*) easy (**) moderate (***) difficult (****) extreme T=trail, R=mostly or all road, T/R = both in roughly equal amounts

Saturday, March 3 at 1:00 PM Mount Morris Loop, Marilyn Newcome 304-598-5078 (**, R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

Sunday, March 4 -- No Ride Scheduled

Saturday, March 10 at 1:00 PM Dug Hill Loop Jennifer Previll 304-282-0218.

(***,R) Road, 12 miles or (**,T) Trail, 12 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). Road riders will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will climb Pixlar Hill to Decker's Creek Trail, then we will return down Decker's Creek Trail to the start. Rail-trail cyclists can start with us, then continue up Decker's Creek Trail, and meet the group on the trail.

Followed by Pizza Party at Colasessano's at 6 PM in Fairmont

Sunday, March 11 at 1:30 PM Mon Trail towards Little Falls Steve Knudsen 304-906-3483 (*, T) Rail-trail, 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north, and stop at the Twin Spruce Marina for a rest stop and enjoy the waterfront and docks at Twin Spruce Marina. We will then return to the start.

Saturday, March 17 at 1:00 PM Mon Trail towards Little Falls Kelly Williams 304-292-9821

(*, T) Rail-trail, 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north, back to the start.

Sunday, March 18 at 1:00 PM Fort Martin Road Phil Slates 304-777-9663

(**, R) 16 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, east). We will bike north on the Mon River Trail to ride the trail and then across the Westover bridge to ride the river road out to the boat launch area just past Fort Martin road and back.

Saturday, March 24 at 1:00 PM Mount Morris Loop, Marilyn Newcome 304-598-5078

(**, R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

Sunday, March 25 at 10:00 AM Friendship Hill Phil Slates 304-777-9663

(**, T/R) 30 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, east). We will bike north on the Mon River Trail to Point Marion and on the road to Friendship Hill and return.

Saturday, March 31 at 1:00 PM Mount Morris Loop, Marilyn Newcome 304-598-5078

(**,R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

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Sunday, April 1 at 1:30 PM Decker's Creek Trail Ride, Steven Knudsen 304-292-1237

(**,T) Rail-Trail. 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Reedsville, then return back down the trail to the start.

Saturday, April 7 at 1:00 PM Kirby Loop Jennifer Previll 304-282-0218

(**,R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

Sunday, April 8 at 1:00 PM Mon Trail towards Point Marion Lisa Rieser 303-685-0860

(**, T), 26 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike Decker's Creek Trail to the waterfront, then turn north to the Pennsylvania state line and back.

Saturday, April 14 at 1:00 PM Mount Morris To Claughton Chapel Loop Marilyn Newcome 304-598-5078

(***,R) Road, 30 miles. Meet at the Mount Morris Community Center. From there, we will bike Shannon Run to Claughton Chapel and onto Kirby Road to RT 19 to Mount Morris; stopping in at the Rising Creek Bakery after the return trip.

Sunday, April 15 at 1:00 PM Decker's Creek Trail, Marilyn Newcome 304-598-5078

(**,T) Rail-trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to Masontown and back.

FAMILY RIDE. Saturday, April 21 at 10:00 AM Mon-River Trail South Steve Knudsen 304-906-3483

(*, T) Rail-trail, 15 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Mon River Trail, then south toward the Uffington launch. We will bike south 2 miles past the Uffington launch and then return back towards Morgantown. The ride will be family friendly, with food along the downtown trail area. Ice cream at Sheetz is an option to cool off!

Note: Parents must ride with their children

Sunday, April 22 at 1:00 PM Decker's Creek Trail, Marilyn Newcome 304-598-5078

(**,T) Rail-trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to Masontown and back.

Saturday, April 28 at 1:00 PM Mount Morris To Claughton Chapel Loop Marilyn Newcome 304-598-5078

(***,R) Road, 30 miles. Meet at the Mount Morris Community Center. From there, we will bike Shannon Run to Claughton Chapel and onto Kirby Road to RT 19 to Mount Morris; stopping in at the Rising Creek Bakery after the return trip.

Sunday, April 29 at 1:00 PM Mon Trail towards Little Falls Lisa Rieser 303-685-0860 (*, T), 25 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike Decker's Creek Trail to the waterfront, then turn south to the Little Falls and back.