

...SPOKIN' RIDES...

COUNTRY ROADS CYCLISTS GET OUT AND GO!

March-April 2019 RIDE SCHEDULE

Ride Captain: Steven Knudsen (304-906-3483)

Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (*) easy () moderate (***) difficult (****) extreme
T=trail, R=mostly or all road, T/R = both in roughly equal amounts**

**Saturday, March 2 at 1:00 PM Mount Morris Loop, Kelly Williams
304-276-5530**

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

**Sunday, March 3 at 1:00 PM Mon Trail towards Little Falls Kelly Williams
304-276-5530**

(*, T) Rail-trail, 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

**Saturday, March 9 at 1:00 PM Mount Morris Loop, Kelly Williams
304-276-5530**

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

***Join us for the Pizza Party at Colasessano's at 6
PM in Fairmont this Saturday, March 9***

**Sunday, March 10 at 1:00 PM Mon Trail towards Point Marion Kelly
Williams 304-276-5530**

(**, T), 28 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head north to Point Marion and back.

**Saturday, March 16 at 1:00 PM Mount Morris Loop, Kelly Williams
304-276-5530**

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

**Sunday, March 17 at 1:00 PM Mon Trail towards Point Marion Phil Slates
304-777-9663**

(**, T), 26 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike Decker's Creek Trail to the waterfront, then turn north to the Pennsylvania state line and back.

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Saturday, March 23 at 12:00 Noon West Fork Trail Kelly Williams

304-276-5530

(* ,T) 30 miles. Meet at the Monongah city park (Take I-79 to exit 132, Fairmont, then drive US-250N to Monongah. Access also from Rt. 19) We will bike all of the West Fork Trail. Possibility of lunch at Gibby's in Shinnston.

Sunday, March 24 at 1:00 PM Little Falls/Opekiska Loop Phil Slates

304-777-9663

(** , R), 35 miles or Trail, 35 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then bike up Little Falls Road to Tom's Run to Halleck to Opekiska Road, to the Mon River Trail. We will return on the trail. Trail Riders can bike south on the Mon River Trail to Opekiska, then return to the start.

Saturday, March 30 at 1:00 PM Mount Morris Loop, Kelly Williams

304-276-5530

(** , R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

Sunday, March 31 at 1:00 PM Mon River Trail/Lake Lynn out and back

Jennifer Previll 304-282-0218

(** ,R/T), 36 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail to Point Marion and then continue on to Lake Lynn dam. We will then return to the start.

(April rides, next page)

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**Saturday, April 6 at 1:00 PM Mount Morris Loop, Marilyn
Newcome 304-216-9062**

(**, R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

**Sunday, April 7 at 1:00 PM Mon Trail towards Point Marion Lisa Rieser
303-685-0860**

(**, T), 26 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike Decker's Creek Trail to the waterfront, then turn north to the Pennsylvania state line and back.

**Saturday, April 13 at 1:00 PM Mount Morris Loop, Marilyn
Newcome 304-216-9062**

(**, R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

**Sunday, April 14 at 1:00 PM Tour De South Park, Kelly Williams
304-276-5530**

(**,R) 12 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike from Decker's Creek Trail to the Greenmont Bridge. From there, we will bike through South Park, and then Greenmont, exploring all of the local businesses in Greenmont.

**Saturday, April 20 at 12:00 NOON Morgantown Sharrows, Kelly Williams
304-276-5530**

(**,R) 12 miles. Meet at the parking lot beside the Waterfront Jeep. We will bike around Morgantown, on many of the local streets with Sharrows decals.

**Sunday, April 21 at 1:00 PM Explore Oak Park in Masontown Kelly
Williams 304-276-5530**

(* , T) 12 miles. Meet at the parking lot in Reedsville RT 92. We will bike up Decker's Creek Trail to the end, then return back down the trail to Masontown and back to the start. We will explore locations of the Oak Park amusement park.

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Saturday, April 27 at 10:00 AM GAP: Connellsville to Ohiopyle, Kelly Williams 304-276-5530

(**,T) 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

Sunday, April 28 at 1:00 PM Decker's Creek Trail Ride, Lisa Rieser 303-685-0860

(**,T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

And, Mark your calendars for:

SATURDAY, MAY 4, 9:00 AM BONUS RIDE

SUNDAY, MAY 5, 9:00 AM SPRING SPECTACULAR