

...SPOKIN' RIDES...
COUNTRY ROADS CYCLISTS GET OUT AND GO!
March-April 2023 RIDE SCHEDULE
Ride Captain: **Marilyn Newcome 304-216-9062**

Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (*) easy (**) moderate (***) difficult (****) extreme
T=trail, R=mostly or all road, T/R = both in roughly equal amount

**Saturday, March 4 at 12:00 NOON Mon River Trail towards Point Marion
Kelly Williams 304-276-5530**

(* ,T) 28 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail towards Point Marion, then return to the start.

**Sunday, March 5 at 1:00 PM Decker's Creek Trail Ride Kelly Williams
304-276-5530**

(** ,T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

**Saturday, March 11 at 1:00 PM Decker's Creek Trail Ride Marilyn
Newcome 304-216-9062**

(** ,T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

**Sunday, March 12 at 12:00 NOON Lake Lynn Dam Phil Slates 304-777-
9663**

(* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

**Saturday, March 18 at 1:00 PM Decker's Creek Trail Ride Marilyn
Newcome 304-216-9062**

(** ,T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

**Sunday, March 19 at 12:00 NOON Mount Morris Loop Phil Slates 304-
777-9663**

(** , R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Saturday, March 25 at 12 NOON Mon Trail towards Little Falls Jennifer
Previll 304-282-0218**

(* , T) 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

Sunday, March 26 at 1:00 PM Mount Morris Loop Rick Probst 443-866-0237

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, April 1 at 12:00 NOON West Fork River Trail Tom Pinto 304-276-5051

(* ,T) 26 miles. Meet at the parking lot next to the Big Lots in Fairmont on Country Club Road. We will bike along the West Fork Trail to Shinnston, then return. Snacks are available in Shinnston, which also has a bike shop (Pike Street Bikes). Note - there is a half mile gravel trail at the start of the ride.

Sunday, April 2 at 1:00 PM Mount Morris Loop Mike Keane 304-376-0604

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, April 8 at 12:00 NOON Friendship Hill Tom Pinto 304-276-5051

(* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Friendship Hill, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

Sunday, April 9 at 1:00 PM Mount Morris Loop Mike Keane 304-376-0604

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, April 15 at 12:00 NOON Lake Lynn Dam Jennifer Preville 304-282-0218

(* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

Sunday, April 16 at 1:00 PM Mount Morris Loop Rick Probst 443-866-0237

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, April 22 at 1:00 PM Uffington/Twin Spruce Marina to Prickett's Fort Karl Diefenbach 304-216-5169

(* ,T) 32 miles. Meet at the Twin Spruce Marina trailhead in Uffington, off of RT 73. We will bike south on the trail to Prickett's Fort, then return to the start.

Sunday, April 23 at 1:00 PM Fayette County Loop Kelly Williams 304-276-5530

(** ,R) 25 miles. Meet at the Free Methodist Church in Whitehouse (2125 Springhill Furnace Road, on the corner of RT 857 and Tobin School Road). We will bike a loop around upper Fayette County.

Saturday, April 29 at 10:00 AM GAP: Connellsville to Ohiopyle Kelly Williams 304-276-5530

(**,T) 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

Sunday, April 30 at 12:00 NOON Mount Morris Loop Kelly Williams 304-276-5530

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.