

...SPOKIN' RIDES...

COUNTRY ROADS CYCLISTS GET OUT AND GO!

March - April 2026 RIDE SCHEDULE

Ride Captain: Marilyn Newcome 304-216-9062

Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (*) easy (**) moderate (***) difficult (****) extreme
T=trail, R=mostly or all road, T/R = both in roughly equal amount

**Sunday, March 1 at 12:00 NOON Wendy's: All Asphalt Ride Steve Knudsen
304-906-3483**

(* , T) 17 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, biking on the pavement only.

Saturday, March 7 at 12:00 NOON Wendy's to Star City Kelly Williams 304-276-5530

(* ,T) 12 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail towards Star City, then return to the start.

Sunday, March 8 at 12:00 NOON Decker's Creek Trail Kelly Williams 304-276-5530

(** ,T) 18 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to the Snack Shack, then return back down the trail to the start.

Saturday, March 14 at 12:00 NOON Wendy's to Little Falls Kelly Williams 304-276-5530

(* , T) 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

Sunday, March 15 at 12:00 NOON Decker's Creek Trail Kelly Williams 304-276-5530

(** ,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

Saturday, March 21 at 12:00 NOON Star City to Lake Lynn Dam Jennifer Previll 304-282-0218

(* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

Sunday, March 22 at 12:00 Noon Wendy's to Little Falls Phil Slates 304-777-9663

(* , T) 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start

Saturday, March 28 at 12:00 NOON Little Falls to Prickett's Fort Marilyn Newcome 304-216-9062

(** , T and R) 22 miles. Meet at the Little Falls trailhead. We will bike south on the trail to Prickett's Fort, then we will return to the start.

Sunday, March 29 at 12:00 NOON Decker's Creek Jennifer Preville 304-282-0218

(** ,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

Saturday, April 4 at 12:00 NOON Wendy's to Point Marion Tom Pinto 304-276-5051

(* ,T) 28 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail towards Point Marion, then return to the start.

Sunday, April 5 at 12:00 NOON Top of Decker's Kelly Williams 304-276-5530

(* ,T) 14 miles. Meet at the trailhead in Reedsville, off of RT 92. We will bike to the end of the trail, then down to Masontown, before returning to the start.

Saturday, April 11 at 12:00 NOON Uffington to Prickett's Fort Steve Knudsen 304-906-3483

(* ,T) 30 miles. Meet at the trailhead at Uffington (mile marker 13.5) Drive south on Rt 73 to reach the Uffington Trailhead, there is a sign there for the Twin Spruce Marina. Before the sign, there is a large parking lot on the right. From the trailhead we head south to Prickett's Fort, then we will return north to the start of the ride.

Sunday, April 12 at 12:00 NOON Decker's Creek Rick Probst 443-866-0237

(** ,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

Saturday, April 18 at 12:00 NOON West Fork River Trail Rick Probst 443-866-0237

(** , T). 26 miles. Meet at the Big Lots in Fairmont, off of Country Club Road. We will bike on the West Fork River Trail to Shinnston. At Shinnston, we will get refreshments at Gibbie's before returning to the start.

**Sunday, April 19 at 12:00 NOON Star City to Lake Lynn Dam Jennifer Preville
304-282-0218**

(* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

**Saturday, April 25 at 10:00 AM GAP Trail: Connellsville to Ohiopyle
Mike Hawranick 304-641-5564**

(** , T) 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, and the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

**Sunday, April 26 at 12:00 NOON Star City to Lake Lynn Dam Karl
Diefenbach 304-216-5169**

(* , T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)