

**Country Roads Cyclists**  
**March - April 2017 RIDE SCHEDULE**

**Road Captain: Amanda Bise**

**Contact Ride Leader for more details. Wear your helmet.**

**Difficulty Rating: (\*) easy (\*\*) moderate (\*\*\*) difficult (\*\*\*\*)  
extreme**

**Saturday, March 4 at 12:00 Noon      Mt. Morris Out and Back      Kelly Williams**  
**304-292-9821**

(\*\*) Road, 30 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Riverfront Park, then over the Westover Bridge, onto Rt. 100, north to Rt. 19, and into Mt. Morris. We can stop at the Rising Creek Bakery, before returning back to Morgantown.

**Sunday, March 5 at 12:00 Noon      Mon River Trail Out and Back      Kelly Williams**  
**304-292-9821**

(\*) Rail-trail, 15 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on Decker's Creek Trail to the Riverfront Park, then north on the trail to the end of the pavement. Then, we will head south, also to the end of the pavement, before returning to the start. If the trail is dry, we may go further either north or south.

**Saturday, March 11 at 12:00 Noon      Mt. Morris Out and Back      Kelly Williams**  
**304-292-9821**

(\*\*) Road, 30 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Riverfront Park, then over the Westover Bridge, onto Rt. 100, north to Rt. 19, and into Mt. Morris. We can stop at the Rising Creek Bakery, before returning back to Morgantown.

**Sunday, March 12 at 12:00 Noon      Mon River Trail Out and Back      Kelly Williams**  
**304-292-9821**

(\*) Rail-trail, 15 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on Decker's Creek Trail to the Riverfront Park, then north on the trail to the end of the pavement. Then, we will head south, also to the end of the pavement, before returning to the start. If the trail is dry, we may go further either north or south.

**Saturday, March 18 at 12:00 Noon      Shannon Run Out and Back      Kelly Williams**  
**304-292-9821**

(\*\*) Road, 45 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Riverfront Park, and then over the Westover Bridge, onto Rt. 100, north to Rt. 19, into Mt. Morris, and to the end of Shannon Run. From there, we will return to Mt. Morris, stopping at the Rising Creek Bakery, before returning to Morgantown.

**Sunday, March 19 at 1:00 PM      Mon River South      Phil Slate**  
**304-777-9663**

(\*) Rail-trail, 32 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike south on the Mon river Trail to Opekiska, then return to Morgantown.

**Saturday, March 25 at 12:00 Noon      Shannon Run Out and Back      Kelly Williams**  
**304-292-9821**

(\*\*) Road, 45 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Riverfront Park, and then over the Westover Bridge, onto Rt. 100, north to Rt. 19, into Mt. Morris, and to the end of Shannon Run. From there, we will return to Mt. Morris, stopping at the Rising Creek Bakery, before returning to Morgantown.

**Sunday, March 26 at 1:30 PM                      Decker's Creek Out and Back                      Steve Knudsen**  
**304-906-3483**

(\*\*) Trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7). We will bike up Decker's Creek Trail, to the Masontown trailhead, before returning to the start.

**Saturday, April 1 at 12:00 Noon                      Dug Hill Loop                      Marilyn Newcome**  
**304-598-5078**

(\*\*\*) Road, 15 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike up Dug Hill to Fields Park Road, to Tyrone Road. At Tyrone Road, we will then head down Tyrone Road, up Pixlar Road, and then bike down Decker's Creek Trail, to the start.

**Sunday, April 2 at 1:00 PM                      Clarksburg to Lost Creek                      Joe Leroy**  
**304-677-6551**

(\*\*) Road, 22 miles. Meet at the parking lot in front of the swimming pool at the Veteran's Park in Clarksburg. We will bike along Rt. 25 to Lost Creek. After resting at the trailhead for Lost Creek, we will return to the start.

**Saturday, April 8 at 12:00 Noon                      Dug Hill Loop                      Marilyn Newcome**  
**304-598-5078**

(\*\*\*) Road, 15 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike up Dug Hill to Fields Park Road, to Tyrone Road. At Tyrone Road, we will head down Tyrone Road, up Pixlar Road, and then bike down Decker's Creek Trail, to the start.

**Sunday, April 9 at 1:00                      Mon River North                      Lisa Rieser**  
**304-685-0860**

(\*) Trail, 24 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Riverfront Park. We will then head north to the PA state line. From there we will return to the start, with a stop at the Mountain State Brewing Company for refreshments.

**Saturday, April 15 at 12:00 Noon                      Snake Hill - Deckers Creek Loop                      Marilyn Newcome**  
**304-598-5078**

(\*\*\*) Road, 25 miles or (\*\*) Trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). Road riders will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we will return down Decker's Creek Trail to the start. Rail-trail cyclists can start with us, then continue up Deckers Creek Trail, and meet the group coming down the trail from Masontown.

**Sunday, April 16 (No Ride scheduled)**

**Saturday, April 22 at 1:00                      Mount Morris Out and Back                      Jennifer Previll**  
**304-282-0218**

(\*\*) Road, 30 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Riverfront Park, then over the Westover Bridge, onto Rt. 100, north to Rt. 19, and into Mt. Morris. We can stop at the Rising Creek Bakery, before returning back to Morgantown.

**Sunday, April 23 at 12:00 Noon                      Decker's Creek Out and Back                      Kelly Williams**  
**304-292-9821**

(\*\*) Trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7). We will bike up Decker's Creek Trail, to the Masontown trailhead, before returning to the start.

**Saturday, April 29 at 12:00 Noon                      Point Marion Trail - Dilliner Road Loop                      Kelly Williams**  
**304-292-9821**

(\*) Trail, 26 and (\*\*\*) Road, 40 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7). We will bike north on the Mon River Trail to the state line, and onto Point Marion. Trail riders can return on the trail at this point. From there, the ride gets challenging, with several climbs. We will cross the river, bike

along Rt. 88, then climb Dilliner Hill Road to Fort Martin Road and return to Morgantown.

**Sunday, April 30 at 1:00 PM**  
**304-282-0218**

**Prickett's Fort Out and Back**

**Jennifer Previll**

(\* ) Trail, 42 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike on the Decker's Creek Trail to the Riverfront Park, then south on the Mon River Trail, to Prickett's Fort and back. Returning to Morgantown, we have the option of stopping at Mountain State Brew Pub for refreshments.

**NOTE: Many of these rides start at the parking lot behind Wendy's in Sabraton. However, the starting times vary.**

### **SAVE THESE DATES: Spring Spectacular Weekend:**

**SATURDAY, MAY 6, 9:00 AM** (Registration starts at 8:00 AM) **Kelly Williams 304-292-9821**

Starting Point: 103 School Rd, **Mt. Morris, PA.** (Mt. Morris Gospel Tabernacle). Choose a 25, 45, or 60 mile Road Ride on scenic, low traffic roads. All routes are reasonably hilly and challenging for fit road cyclists. \$15 Registration fee includes: Coffee and Snacks before the ride; Map and Cue Sheets; Snack Stop and SAG wagon support during the ride. Signed Registration/Waiver Form and **helmets** required. Post-ride gathering at Sorella's Pizzeria (pay your own way, not included in event fee), 420 Mt. Morris Rd, Mt. Morris, PA (724) 324-5259

**SUNDAY, MAY 7, 9:00 AM** (Registration starts at 8:00 AM) **Kelly Williams 304-292-9821**

Starting Point: **Wharf Parking Garage**, 61 Wharf Street, Morgantown, WV 26501. Choose a leisurely 21 mile Rail-Trail Ride, OR a 60 mile Road Ride at a moderate tempo with 5000 feet of climbing. These are free, non-supported rides, but a Signed Registration/Waiver Form and **helmets** required