

Country Roads Cyclists May - June 2017 RIDE SCHEDULE

Road Captain: Amanda Bise

Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (*) easy (**) moderate (***) difficult (****)
extreme

Saturday, May 6, 9:00 AM Spring Spectacular Kelly
Williams 304-292-9821

Starting Point: 103 School Rd, Mt. Morris, PA. (Mt. Morris Gospel Tabernacle). Choose a 25, 45, or 60 mile Road Ride on scenic, low traffic roads. All routes are reasonably hilly and challenging for fit road cyclists. \$15 Registration fee includes: Coffee and Snacks before the ride; Map and Cue Sheets; Snack Stop and SAG wagon support during the ride. Signed Registration/Waiver Form and helmets required.

Sunday, May 7, 9:00 AM Bonus Ride Kelly
Williams 304-292-9821

Starting Point: Wharf Parking Garage, 61 Wharf Street, Morgantown, WV 26501. Choose a leisurely 21 mile Rail-Trail Ride, OR a 60 mile Road Ride at a moderate tempo with 5000 feet of climbing. These are free, non-supported rides, but a Signed Registration/Waiver Form and helmets required.

Saturday, May 13 at 1:00 PM Mount Morris To Waynesburg Loop Kelly
Williams 304-292-9821

(***) Road, 35 miles. Meet at the Mount Morris Community Center. From there, we will bike Shannon Run to Claughton Chapel and onto Kirby Road to RT 218 and then into Waynesburg. We will then return on RT 19 to Mount Morris; stopping in at the Rising Creek Bakery after the return trip.

Sunday, May 14 at 1:00 PM Stewartstown/ Dilliner / Fort Martin Loop Kelly
Williams 304-292-9821

(***) Road, 40 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, east). We will bike north on the Mon River Trail to the VanVoorhis exit. From there, we will climb Baker's Ridge and then Stewartstown Road. At Point Marion, we will cross the river, bike along RT 88, then climb Dilliner Hill to Fort Martin Road and return to Morgantown. NOTE: Trail riders can stay on the trail to the state line, then return (24 miles).

Saturday, May 20 at 10:00 AM GAP Overnight Bike Tour Connellsville to Confluence Kelly Williams 304-292-9821

(**) Trail, 28 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take Rt 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Confluence, with lunch in Ohiopyle, then continuing to Confluence, to stay overnight. NOTE: starting at 10:00 AM For a day trip, cyclists can ride with us to Ohiopyle for lunch, then return to the start. (Day Trip: start from the trailhead behind Martin's in Connellsville).

Sunday, May 21 at 9:00 AM GAP Overnight Bike Tour Confluence to Connellsville
Kelly Williams 304-292-9821

(**) Trail, 28 miles. From Confluence, cyclists will return on the GAP to the Connellsville trailhead. NOTE: starting at 10:00 AM For a day trip, cyclists can ride to Ohiopyle for lunch, and meet the cyclists returning from Confluence. (Day Trip: start from the trailhead behind Martin's in Connellsville).

Saturday, May 27 at 1:00 PM Mount Morris To Waynesburg Loop Kelly
Williams 304-292-9821

(***) Road, 35 miles. Meet at the Mount Morris Community Center. From there, we will bike Shannon Run to Claughton Chapel and onto Kirby Road to RT 218 and then into Waynesburg. We will then return on RT 19 to Mount Morris; stopping in at the Rising Creek Bakery after the return trip.

Sunday, May 28 at 1:00 PM Stewartstown Road Kelly
Williams 304-292-9821

(***) Road, 28 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, east). We will bike north on the Mon River Trail to the VanVoorhis exit. From there, we will climb Baker's Ridge and then

Stewartstown Road. At Point Marion, we return to Morgantown via the trail. NOTE: Trail riders can stay on the trail to Point Marion, then return (28 miles).

Country Roads Cyclists

Saturday, June 3 at 10:00 AM

Prickett's Fort Out and Back

Amanda Bise 304-476-3354

(*) Trail, 15 miles. Meet at the trail head at the Pricketts Fort State Park. For the Pricketts Fort State Park, take exit 139 from I -79, then follow the signs leading to the park. We will proceed north on the Mon River Trail to the Opekiska Locks. We will then return to the start, and ride out and back on the MCTrail.

Sunday, June 4 at 12:00 NOON

Lake Lynn Dam Out and Back

Jennifer Previll 304-282-0218

(**) Road, 36 miles/(**) Rail-trail, 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head north to the state line. Trail riders can return to the start. The road ride will continue to Point Marion, then along the Cheat River to Lake Lynn Dam, before returning to the start. Food and water is available in Point Marion.

Saturday, June 10 at 10:00 AM

Snake Hill - Deckers Creek Loop

Marilyn

Newcome 304-598-5078

(***) Road, 25 miles or (**) Trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). Road riders will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we will return down Decker's Creek Trail to the start. Rail-trail cyclists can start with us, then continue up Deckers Creek Trail, and meet the group coming down the trail from Masontown.

Sunday, June 11 at 12:00 NOON

BIKE and KAYAK Ride

Jennifer Previll 304-282-0218

(*) Rail-trail, 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north, and stop at the Twin Spruce Marina. At the marina, anyone may rent a kayak for the river (kayaks can be rented for a donation), or just enjoy the waterfront and docks at Twin Spruce Marina. We will then return to the start.

Saturday, June 17 at 10:00 AM

Prickett's Fort Out and Back

Amanda Bise 304-476-3354

(*) Trail, 15 miles. Meet at the trail head at the Pricketts Fort State Park. For the Pricketts Fort State Park, take exit 139 from I -79, then follow the signs leading to the park. We will proceed north on the Mon River Trail to the Opekiska Locks. We will then return to the start, and ride out and back on the MCTrail.

Sunday, June 18 at 9:00 AM

Jane Lew Road Ride

Bill

Foster 304-623-2736

(*) Road, 15 miles. Meet at the Jane Lew exit 105. From I-79, take exit 105, turn east then left twice to park on the east side of the interstate on a dead-end road across from a truck stop. We will bike along the scenic roads outside of Jane Lew.

Saturday, June 24 at 10:00 AM

Stewartstown Road

Marilyn

Newcome 304-598-5078

(***) Road, 28 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, east). We will bike north on the Mon River Trail to the VanVoorhis exit. From there, we will climb Baker's Ridge and then Stewartstown Road. At Point Marion, we return to Morgantown via the trail. NOTE: Trail riders can stay on the trail to Point Marion, then return (28 miles).

Sunday, June 25 at 12:30 PM Prickett's Fort Annual Picnic Kelly Williams (Road) 304-292-9821 /

Jennifer Previll (Trail) 304-282-0218 / Amanda Bise (Trail ride from Prickett's Fort) 304-476-3354

(***) Road, 28 miles or (**) Rail-trail, 36 miles. Meet at the Waterfront Jeep parking lot (NOTE: No parking is allowed at the MedExpress/Sargasso building.) Join us for our annual picnic at Prickett's Fort.

Bring a dish to share for the picnic. Gerry Katz will be at the Waterfront Jeep parking lot to transport the food to the picnic. You can choose one of **four** options. 1. A road ride along RT 73 to Prickett's Fort. 2. A trail ride along the Mon River Trail. 3. Meet Amanda Bise at Prickett's Fort at 1:00 to ride north to meet riders from Morgantown OR, 4. Just show up for the picnic, about 2:30 PM. (Take exit 139 from I-79, north of Fairmont, and follow the directions to the fort.)

NOTE: Many of these rides start at the parking lot behind Wendy's in Sabraton. However, the starting times vary.