

COUNTRY ROAD CYCLISTS

JULY - AUGUST 2013 RIDE SCHEDULE

Road Captain Dave Phillips 304-594-1036 wvfossils@aol.com

Contact listed ride leader for details. Please carpool to the start whenever possible.

Wear your helmet. Difficulty Ratings. (*) easy (**) moderate (***) difficult (****) extreme

Saturday, July 6 9:00 AM Over Mount Davis Larry 304-777-7393

(****) Just a tad over 50 miles with over 4,000 feet climbing. An up and down ride, with lots of up. Meet at the Confluence, PA City Park downtown at 9:00 AM to ride over Mt. Davis, the highest point in PA, to Meyersdale for lunch, and return. This a rough ride, but lots of fun and great scenery. Four stars Sisters Restaurant can provide breakfast if you want, Kelly says 8:00 AM for that, but they are very slow, and some riders have left for the ride without being served breakfast. I suggest earlier.

Sunday, July 7 1:00 PM Pricketts Fort to Morgantown Kelly 304-292-9821

(*) 38 miles. Meet at the Prickett's Fort Trailhead (I-79, exit 139, north of Fairmont, follow the directions to Prickett's Fort State Park). We will bike north along the Mon River Trail to Morgantown. In Morgantown, we will eat at the Mountain State Brew Pub, then return to the start.

Saturday, July 13 10:00 AM Mile Climb Marilyn 304-598-5078

(****) 35 mile Meet at Ruby McQuain Park at for an easy to ride to Mt. Morris via Rt. 100, and a little of US. 19. Then up Big Shannon Run to Kiger Hill Road, the start of mile climb, and a very fun fast descent to Little Shannon and ride back to Mt. Morris and Morgantown. This a good ride, as the only real climbing is Mile Climb. A stop by Rising Creek Bakery is possible for refueling for the ride back to Morgantown

Sunday, July 14 10:00 AM Shannon Run and Rising Creek Jennifer 304-282-0218

(***) 42 miles Meet at the parking lot behind Wendy's in Sabraton (Morgantown Rt. 7 east). Ride to Mount Morris, and then onto the end of Shannon Run. We will then return down Shannon Run, stopping at the Rising Creek Bakery, before returning to Morgantown, and the starting point. Moderate climbing with one long hill at the end of Shannon Run. This is Jennifer's BIRTHDAY ride.

Saturday, July 20 9:00 AM Clarksburg to Lost Creek Laurel 304-782-4117

(*1/2) 22 miles From Clarksburg VA park (Riverbend) off US 19 south, near pool. Easy out and back ride to Lost Creek over gently rolling road. Nice convenience store at Lost Creek. Option to ride farther if anyone is interested. Relaxed pace. Beginners welcome. There is a rail trail along the last 5 miles to Lost Creek

Sunday, July 21 10:00 AM. Friendship Manor Jennifer 304-282-0218

(**) 32 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown Rt. 7 east). Ride the Mon River Trail north to Point Marion, then onto Friendship Manor. After exploring the park and mansion, we will return to Point Marion, stopping at the grocery store for snacks, and then returning on the trail to our starting point.

Saturday, July 27 10:00 AM Halleck Road Marilyn 304-598-5078

(***1/2) 50 miles Meet at Morgantown's Ruby McQuain park downtown. This ride follows the river to Little Falls on the Mon River Trail, then the fun begins with a short, steep climb up from Little Falls. The road levels after this climb, to Rt. 73 for a very short distance, then up Toms Run Road to Halleck Road, and onto Rt. 119, which is crossed to Gladesville, left toward Reedsville, to the Deckers Creek Trail and back to Morgantown. Lots of climbing, but less than Mt. Davis

Sunday, July 28 12:00 Noon Deckers Creek Trail Ride Lisa 304-241-5443

(*) 22 miles. Meet at the parking lot behind Wendy's on Rt. 7, Sabraton. We will bike up the Decker's Creek Rail Trail, to the Masontown trailhead. From there, we will turn around and head back to the starting point, after stopping at Dave's Snack Shack for ice cream.

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Saturday, August 3 12:00 Noon Mt. Morris to Kirby Loop Kelly 304-292-9821

(***) 44 miles Meet at the parking lot behind Sabraton Wendy's (Morgantown Rt. 7 east). We will bike along Rt. 100 into Mount Morris. From there, we will bike up US 19 to Kirby and return down Shannon Run. After a stop at the Rising Creek Bakery for lunch, we will return to Morgantown.

Sunday, August 4 12:00 Noon. Deckers Creek Trail to Reedsville Kelly 304-292-9821 (*) 22 miles.

Meet at the parking lot behind Sabraton Wendy's on Rt. 7. We will bike up Decker's Creek Rail Trail, to the Masontown trailhead. From there, we will turn around and head back to the starting point, after stopping at Dave's Snack Shack for ice cream.

Saturday, August 10 12:00 Noon Stewartstown Road to Point Marion to Fort Martin Hill. Kelly 304-292-9821.

(***) 40 miles. Meet at the parking lot behind Sabraton Wendy's, (Morgantown Rt. 7 east). We will bike along the Mon River Trail north to Van Voorhis Road. From there, we will bike up to Baker's Ridge to Stewartstown Road, into Point Marion. Snack stop at the grocery store. We will then proceed into Greene County, returning to Morgantown, via Fort Martin Hill. (For a shorter trip, cyclists can return south on the Mon River Trail from Point Marion, back to the start.)

Sunday, August 11 10:00 AM Connellsville GAP to Ohiopyle Jennifer 304-282-0218

(*) 32 miles. Jennifer, meet at Connellsville city park, along the river. We will ride the Greater Allegheny Passage (GAP) to Ohiopyle, where we will eat lunch at the Firefly Cafe, before returning to Connellsville. Carpool, if possible.

Saturday, August 17 9:00 AM Jane Lew casual ride Bill 304-623-2736

(*1/2) 20 to 25 miles From Jane Lew I-79 exit 105, park on dead end side road in front of the truck stop just east of I-79. Choice of several pleasant, scenic rides. Route will depend on weather and how far folks want to go. Beginners welcome, relaxed pace.

Sunday, August 18 1:00 PM Bike & Kayak: Mon River Trail Jennifer 304-534-8244

(*) 20 miles. Meet at the parking lot behind Wendy's on Rt. 7, Sabraton. This will be a first: we will be able to rent kayaks at Twin Spruce Marina, along the trail. After biking to Little Falls, on the return trip, we will stop at the marina. Kayaks or canoes can be rented, and used on the Mon River. Bring a towel and swimsuit, a shuttle for these will be provided.

Saturday, August 24 12:00 Noon Mt. Morris - Shannon Run - Kirby Williams 304-292-9821

(**) 44 miles. Meet at the parking lot behind Wendy's, Sabraton, Rt. 7. We will bike along Rt. 100 into Mount Morris and then up Shannon Run. From there, we will cross over to Kirby, returning to Mount Morris via US 19. We will then stop at Rising Creek Bakery for lunch, before returning to Morgantown.

Sunday, August 25 1:00 PM Fayette County, PA. David 304-594-1036

(***) 35 miles, give or take. Meet at the Free Methodist Church in White House, PA. About two miles north of the state line. You can take the 4 lane, or Rt. 43 to the Gans exit, make left and go to Rt. 857, and make a left. Park near the Tobin School Road end of the parking area.

Saturday, August 31 9:00 AM Jane Lew casual ride Bill 304-623-2736

(*1/2) 20 to 25 miles From Jane Lew I-79 exit 105, park on dead end side road in front of the truck stop just east of I-79. Choice of several pleasant, scenic rides. Route will depend on weather and how far folks want to go. Beginners welcome, relaxed pace.

**Sunday, September 1 9:00 AM Rowlesburg Road Ride Kelly 304-292-9821
and David 304-594-1036**

(****) 78 miles or (***) 56 miles. Rowlesburg City Park. From Morgantown, take Rt. 7 to Kingwood, then Rt. 72 south to Rowlesburg. From Clarksburg, US 50 east to Rt. 72 north to Rowlesburg. A snack stop and limited SAG. Map available at registration table. free, guests welcome.