

...SPOKIN' RIDES...

COUNTRY ROADS CYCLISTS GET OUT AND GO!

March-April 2020 RIDE SCHEDULE

Ride Captain: Steven Knudsen (304-906-3483)

Contact Ride Leader for more details. Wear your helmet.

**Sunday, March 1 at 1:00 PM Mon River Trail towards Little Falls
Marilyn Newcome 304-216-9062**

(* , T) 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

**Saturday, March 7 at 1:00 PM Mon Trail towards Point Marion Kelly
Williams 304-276-5530**

(* , T) 28 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail to Point Marion, then return to the start. We will be stopping in Point Marion for water and snacks at the grocery store on the return trip.

**PIZZA PARTY - Saturday, March 7, 2020 at 6:00 PM, at
Mountain State Brew Pub, 54 Clay Street, Morgantown**

**Sunday, March 8 at 1:00 PM Decker's Creek Trail Ride, Kelly Williams
304-276-5530**

(** , T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

**Saturday, March 14 at 1:00 PM Mon Trail towards Little Falls Kelly
Williams 304-276-5530**

(* , T) 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

**Sunday, March 15 at 1:00 PM Decker's Creek Trail Ride, Kelly Williams
304-276-5530**

(** , T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

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**Saturday, March 21 at 1:00 PM Mount Morris Loop Phil Slate
304-777-9663**

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Sunday, March 22 at 12:00 NOON Mon River North to Lake Lynn, Jennifer
Previll 304-282-0218**

(* ,T) 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail to Point Marion and then onto the Lake Lynn Dam, then return to the start. We will be stopping in Point Marion for water and snacks at the grocery store on the return trip.

**Saturday, March 28 at 1:00 PM Mount Morris Loop Mike Keane
304-376-0604**

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Sunday, March 29 at 1:00 PM Decker's Creek Trail Ride Marilyn
Newcome 304-216-9062**

(**,T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

APRIL RIDES

**Saturday, April 4 at 1:00 PM Mount Morris Loop Marilyn
Newcome 304-216-9062**

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Sunday, April 5 at 12:00 NOON Mon River South to Opekiska Jennifer
Previll 304-282-0218**

(* , T) 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Opekiska Dam. We will then return north to the start.

**Saturday, April 11 at 1:00 PM Mount Morris Loop Mike Keane
304-376-0604**

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

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**Sunday, April 12 at 1:00 PM Upper Decker's Creek Trail Kelly Williams
304-276-5530**

(* , T) 12 miles. Meet at the parking lot in Reedsville RT 92. We will bike up Decker's Creek Trail to the end, then return back down the trail to Masontown and back to the start. We will explore locations of the Oak Park amusement park.

**Saturday, April 18 at 1:00 PM Mount Morris Loop Kelly Williams
304-276-5530**

(** , R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

**Sunday, April 19 at 1:00 PM Little Falls/Opekiska Loop Kelly Williams
304-276-5530**

(** , R), 35 miles or Trail, 35 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then bike up Little Falls Road to Tom's Run to Halleck to Opekiska Road, to the Mon River Trail. We will return on the trail. Trail Riders can bike south on the Mon River Trail to Opekiska, then return to the start.

**Saturday, April 25 at 10:00 AM GAP: Connellsville to Ohiopyle Kelly
Williams 304-276-5530**

(** , T) 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

**Sunday, April 26 at 1:00 PM Stewardstown/Dilliner Loop Kelly Williams
304-276-5530**

(** , R) 30 miles or (* , T) 28 miles.. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). We will bike north on the Mon River trail to the VanVoorhis trailhead. From there, we will bike up VanVoorhis to Bakers Ridge, then onto Stewartstown Road. From Point Marion, we will bike Dilliner Hill and return on Fort Martin Hill. Trail riders can stay on the Mon River trail to Point Marion, then return.

And, Mark your calendars for:

SATURDAY, MAY 2, 9:00 AM BONUS RIDE

SUNDAY, MAY 3, 9:00 AM SPRING SPECTACULAR