

COUNTRY ROADS CYCLISTS

MARCH - APRIL 2014 RIDE SCHEDULE

Road Captain: David Phillips (304) 594-1036 wvfossils@aol.com

Contact listed ride leader for details. Please carpool to the start whenever possible.

Wear your helmet! Difficulty Ratings: (*) easy (**) moderate (***) difficult (****) extreme

- Saturday, March 1 at 1:00 PM** **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
30 miles. Meet at the Free Methodist Church on left, in White House, PA, on Rt. 857 about 2 miles north of the state line. Take Rt. 43, get off at the Gans Exit, make a right, then a left onto Rt. 857. Distance and route will be discussed in the parking area.
- Sunday, March 2 at 1:00 PM** **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
- Friday, March 7 at 6:00 PM** **CRC Annual Spring Pizza Party (*)** **Mary Small 703-795-4438**
No riding - it doesn't get any easier! Meet at Fairmont Colasessano's at Middletown Mall, I-79 exit 132.
- Saturday, March 8 at 1:00 PM** **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
- Sunday, March 9 at 1:00 PM** **Mon River Trail (*)** **Mary Small 703-795-4438**
23 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown, Rt. 7 East). We will ride west on Deckers Creek Trail to Star City, then south on the Caperton Trail and Mon River Trail to Little Falls, where we turn around and head back, stopping at Mountain State Brewing Company for an afternoon nosh. Beginners welcome, relaxed pace.
- Sunday, March 9 at 1:00 PM** **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
- Saturday, March 15 at 10:00 AM** **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**
15 to 20 miles. From I-79, take Jane Lew exit 105, park on dead end side road in front of the truck stop just east of I-79. Choice of several pleasant, scenic rides. Route will depend on weather and how far folks want to go. Beginners welcome, relaxed pace.
- Saturday, March 15 at 1:00 PM** **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
- Sunday, March 16 at 2:00 PM** **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**
- Sunday, March 16 at 1:00 PM** **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
(****) 30 miles. Meet at the Free Methodist Church on left, in White House, PA, on Rt. 857 about 2 miles north of the state line. Take Rt. 43, get off at the Gans Exit, make a right, then a left onto Rt. 857. Distance and route will be discussed in the parking area.
- Saturday, March 22 at 10:00 AM** **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**
- Sunday, March 23 at 12:30 PM** **Mont Chateau Loop Road Ride (***)** **Jennifer Preville 304-282-0218**
22 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown, Rt. 7 East). We will ride up Dug Hill to Pierpont, to old Cheat Road, over the Cheat Lake Bridge and then to Mont Chateau, where we turn around and head back. NOTE: There will be plenty of hill climbing, both coming and going, on a two-lane West Virginia road.
- Saturday, March 29 at 10:00 am** **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**
- Saturday, March 29 at 1:00 PM** **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
- Sunday, March 30 at 2:00 PM** **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**
- Sunday, March 30 at 1:00 PM** **MRT to Bakers Ridge Loop (**)** **Kelly Williams 304-292-9821**
26 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown, Rt. 7 East). We will bike north on the Mon River Trail to Van Voorhis Road. From there, we will climb out of the valley and ride along Baker's Ridge to UHS. Then, we will turn around and return to the starting point, after stopping at the Terra Cafe for coffee.

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Saturday, April 5 at 10:00 AM **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**
15 to 20 miles. From I-79, take Jane Lew exit 105, park on dead end side road in front of the truck stop just east of I-79. Choice of several pleasant, scenic rides. Route will depend on weather and how far folks want to go. Beginners welcome, relaxed pace.

Saturday, April 5 at 1:00 PM **Fayette County Road Ride (***)** **David Phillips 304-290-3795**
30 miles. Meet at the Free Methodist Church on left, in White House, PA, on Rt. 857 about 2 miles north of the state line. Take Rt. 43, get off at the Gans Exit, make a right, then a left onto Rt. 857. Distance and route will be discussed in the parking area.

Sunday, April 6 at 1:00 PM **Dug Hill/Mon River Trail Loop (**)** **Kelly Williams 304-292-9821**
20 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown, Rt. 7 East). We will bike up Dug Hill, then do a loop onto Fields Park Road, returning back down Dug Hill. From there we will do an out and back on the Mon River Trail going north. This is a good ride for beginners to learn the roads around Morgantown.

Saturday, April 12 at 10:00 AM **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**

Saturday, April 12 at 1:00 PM **Fayette County Road Ride (***)** **David Phillips 304-290-3795**

Sunday, April 13 at 2:00 PM **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**

Sunday, April 13 at 1:00 PM **Dug Hill/Tyrone Road Loop (**)** **Kelly Williams 304-292-9821**
25 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown, Rt. 7 East). We will bike up Dug Hill, then down Tyrone Road to Pixlar Road. From there we will return to Morgantown and ride out and back on the Mon River Trail going north. This loop will have a few more miles than last week's route.

Saturday, April 19 at 10:00 AM **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**

Saturday, April 19 at 1:00 PM **Fayette County Road Ride (***)** **David Phillips 304-290-3795**

Sunday, April 20 at 1:00 PM **MRT/Baker's Ridge/Stewartstown Rd (***)** **Kelly Williams 304-292-9821**
32 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown, Rt. 7 East). We will bike north on the Mon River Trail to Van Voorhis Road. From there, we will climb out of the valley and ride along Baker's Ridge to Stewartstown Road. We will continue on Stewartstown Road to Point Marion, then return to Morgantown via the river trail. (Note: Cyclists can continue north on the Mon River Trail, instead of riding on Van Voorhis Road. The two groups should meet on the river trail, at some point.)

Saturday, April 26 at 10:00 AM **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**

Saturday, April 26 at 1:00 PM **Fayette County Road Ride (***)** **David Phillips 304-290-3795**

Sunday, April 27 at 2:00 PM **Jane Lew Road Ride (*)** **Bill Foster 304-623-2736**

Sunday, April 27 at 1:00 PM **MRT/Little Falls Rd/Halleck Rd/Opekiska (***)** **Kelly Williams 304-292-9821**
32 miles. Meet at the parking lot behind Wendy's in Sabraton (Morgantown, Rt. 7 East). We will bike south on the Mon River Trail to Little Falls Road. We will take Little Falls Road to Tom's Run, to Halleck Road. From there, we will bike to Rt. 73, and return on Opekiska Road to the trail, and back to Morgantown. (Note: Cyclists can continue south on the Mon River Trail, instead of riding on Little Falls Road. The two groups will meet on the river trail, at some point.)

SAVE THE DATES:
Saturday, MAY 3: BONUS RIDE
Sunday, MAY 4: APPALACHIAN SPRING SPECTACULAR