# COUNTRY ROAD CYCLISTS MAY - JUNE 2013 RIDE SCHEDULE

Road Captain Dave Phillips 304-594-1036 wvfossils@aol.com Contact listed ride leader for details. Please carpool to the start whenever possible. Wear your helmet. Difficulty Ratings. (\*) easy (\*\*) moderate (\*\*\*) difficult (\*\*\*\*) extreme

**Saturday, May 4** 9:00 am Bonus Ride for the Appalachian Spring Spectacular (\*\*\*\*) 70 miles. From the Courthouse Square, High Street, in downtown Morgantown. A road ride over the hills of West Virginia, at a relaxed pace, lots of climbing, no sag.

### Sunday, May 5 9:00 am Appalachian Spring Spectacular

(\*\*/\*\*\*) 25/45/60 miles. From the Morgantown Wharf District parking garage. Registration (\$10 fee) and Helmet Required. Limited Sag. Choice of distances: 25, 45, or 60 miles. The 45 and 60 mile routes will take you into Pennsylvania. The 25 mile route will be out and back on the Decker's Creek Trail.

**Saturday, May 11 12:00 noon Fayette County Loop Dave 304-594-1036** (\*\*\*) 30 miles. Park at the Free Methodist Church, on Rt 857, one mile north of the PA border. (Park towards the Tobin School Road side.) A road ride over the hills and through the valleys of Fayette County.

## Sunday, May 12 9:00 am Repeat of an Appalachian Spring Spectacular route Jack 304-282-6275

(\*\*\*) 60 Miles. Meet at the Morgantown Courthouse Square, High Street. A repeat of the 60 mile route of the Spring Spectacular, for anyone who wishes to do it again, and anyone who missed it last Sunday. This is a no-frills, no snacks or sag ride. We will repeat the 60 mile route only, from Morgantown to Mount Morris, on to Waynesburg, and return.

**Saturday, May 18 12:00 noon Fayette County Loop Dave 304-594-1036** (\*\*\*) 30 miles. Park at the Free Methodist Church, on Rt 857, one mile north of the PA border. (Park towards the Tobin School Road side.) A road ride over the hills and through the valleys of Fayette County.

**Sunday, May 19 12:00 noon Bakers Ridge / Mon River Trail Loop Kelly 304-292-9821** (\*\*) 26 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike north on the Mon River Trail to VanVoorhis Road. From there, we will climb out of the valley and ride along Bakers Ridge to UHS. From there, we will turn around and return to the start point, after stopping at Terra Cafe for coffee.

Saturday, May 25 11:00 am Tappan Hill to Adaland Mansion Loop Marilyn 304-598-5078 (\*\*\*) 36 miles. Meet at the Boothsville Bingo Hall. From I-79, Fairmont exit 132, go towards Grafton on US 250 South, past the Wal-Mart, about 5 miles from the exit to the bingo hall on the right (not actually in Boothsville). A hilly ride out to Adaland Mansion, a historic 19th century mansion. We will rest here (bathrooms and water available), then return to the bingo hall. A hilly ride with several long climbs. Bring snacks.

### Sunday, May 26

no ride scheduled

### Monday, May 27 27 10:00 am North Bend Rail Trail

Bill 304-623-2736

(\*) 26 miles. From Pennsboro depot, exit off of US 50 west onto Rt 74 north into Pennsboro. Stay on it as it zigzags into town and up to the depot.(allow 45 minutes drive from I-79) Easy ride on flat unpaved rail trail to Cairo and back. Lunch in Cairo, several tunnels each way.

Note: Many of the Morgantown rides, start from the parking lot at Wendy's, in Sabraton, off of Rt 7. However, please be aware of the different start times.

# COUNTRY ROAD CYCLISTS MAY - JUNE 2013 RIDE SCHEDULE

Saturday, June 1 9:00 am Snake Hill / Deckers Creek Loop Travis 304-685-3713 (\*\*\*) 30 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike up Dug Hill, then on up Snake Hill to Masontown. From Masontown, we will do a loop, then return down Decker's Creek Trail. It is also possible that we may add other routes on this ride.

Sunday, June 2 2:00 pm Jane Lew

Bill 304-623-2736

(\*) about 20 miles From Jane Lew I-79 exit 105, park on dead end side road in front of the truck stop just east of I-79. Choice of several pleasant, scenic rides. Beginners welcome, relaxed pace.

Saturday, June 8 1:00 pm Snake Hill/ Deckers Creek Loop Kelly 304-292-9821 (\*\*\*) 30 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike up Dug Hill, then on up Snake Hill to Masontown. From Masontown we will do a loop, then return down Decker's Creek trail to Morgantown. It is also possible that we may add other routes on this ride.

Sunday, June 9 1:00 pm Mon River Trail North Jennifer 304-534-8244 (\*) 20 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike down the Decker's Creek Trail to the Mon River Trail north, to the VanVoorhis trailhead. From there, we will return to the starting point, but first we will stop in the Terra Cafe for coffee.

Saturday, June 15 1:00 pm Snake Hill / Deckers Creek Loop Kelly 304-292-9821 (\*\*\*) 30 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike up Dug Hill, then on up Snake Hill to Masontown. From Masontown, we will do a loop, then return down Decker's Creek trail to Morgantown. It is also possible that we may add other routes on this ride.

Sunday, June 16 1:00 pm Mon River Trail South Lisa 304-241-5443 (\*) 20 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike down Decker's Creek Trail to Mon River Trail and south to the Little Falls trailhead, then return to the starting point.

Saturday June 22 11:00 pm Snake Hill / Deckers Creek Loop Marilyn 304-598-5078 (\*\*\*) 30 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike up Dug Hill, then on up Snake Hill to Masontown. From Masontown, we will do a loop, then return down Decker's Creek trail to Morgantown. It is also possible that we may add other routes on this ride.

## Sunday, June 23 12:30 pm ride Picnic at Prickett's Fort 2:30 pm Jennifer 304-534-8244 and Kelly 304-292-9821

(\*\*) 36 miles. Join us for our annual picnic at Prickett's Fort. Bring a dish to share. MEET at the Morgantown MedExpress parking lot, University Ave/Don Knotts Blvd, US 119. Ray will be there to take your food to the picnic. OPTION 1: Trail Ride to Prickett's Fort -18 miles one way (36 miles round trip). OPTION 2: Road Ride to Prickett's Fort on Rt 73. Hilly route with traffic.

OPTION 3: Meet at Prickett's Fort at 2:30 and join us at the picnic (I-79 exit 139, north of Fairmont).

Saturday, June 29 1:00 pm Stewardstown Road/Mon RiverTrail Loop Kelly 304-292-9821 (\*\*\*) 30 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike along the Mon River Trail north, to the Van Voorhis trailheadand up along Baker's Ridge to Stewardstown Road. After descending into Point Marion, we will return to the start via the Mon River Trail. Food and snacks are available in Point Marion. Longer options are possible.

Sunday, June 30 1:00 pm Decker's Creek Trail ride Lisa 304-241-5443 (\*\*) 22 miles. Meet at the parking lot behind Wendy's in Sabraton. (Morgantown Rt 7 East.) We will bike up Decker's Creek Trail to the Masontown trailhead, then return down the trail to the starting point.

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