

# COUNTRY ROADS CYCLISTS

## MAY - JUNE 2014 RIDE SCHEDULE

Contact listed ride leader for details. Please carpool to the start whenever possible.  
Wear your helmet! **Difficulty Ratings:** (\*) easy (\*\*) moderate (\*\*\*) difficult (\*\*\*\*) extreme

**Saturday, May 3 at 9:00 AM Spring Spectacular Bonus Ride (\*\*\*\*) Don Dickerson 304-692-7107**  
70 miles. Meet at the Courthouse Square on High Street in downtown Morgantown for a road ride over the hills of West Virginia with plenty of climbing. Your own Helmet and a signed Waiver (provided by CRC) required. No fee, and no SAG or support so please plan accordingly.

**Sunday, May 4 at 9:00 AM Appalachian Spring Spectacular (\*/\*\*/\*\*\*\*) Kelly Williams 304-292-9821  
Jack Barker 304-282-6275**  
25/45/60 miles. Meet at the Morgantown Wharf District Parking Garage. Choice of 25/45/60 mile road rides into Pennsylvania or 25 mile rail-trail ride on the Mon River Trail. Registration (\$10 fee + signed form) and Helmet Required. Limited SAG and Snack Stops included.

**Saturday, May 10 at 1:00 PM Fayette County Road Ride (\*\*\*) David Phillips 304-290-3795**  
30 miles. Meet at the Free Methodist Church on left, in White House, PA, on Rt. 857 about two miles north of the PA border. Park towards the Tobin School Road side. A road ride over the hills and through the valleys of Fayette County.

**Sunday, May 11 at 9:00 AM Repeat of Spring Spectacular Road Rides (\*\*/\*\*\*\*) Jack Barker 304-282-6275**  
45/60 miles. Meet at the Morgantown Wharf District parking garage. A repeat of the 45 or 60 mile route of the Spring Spectacular, for anyone who wants to ride the route again. (We will decide which route, at the start of the ride.) This is a no-frills, no SAG or support, ride. We will ride from Morgantown, to Kirby or Waynesburg, and back.

**Saturday, May 17 at 1:00 PM Fayette County Road Ride (\*\*\*) David Phillips 304-290-3795**  
30 miles. Meet at the Free Methodist Church on left, in White House, PA, on Rt. 857 about two miles north of the PA border. Park towards the Tobin School Road side. A road ride over the hills and through the valleys of Fayette County.

**Sunday, May 18 at 11:00 AM Mon River Trail to Friendship Manor (\*\*) Jennifer Preville 304-282-0218**  
32 miles. Meet at the parking lot behind Wendy's in Sabraton on Rt. 7. We will ride the Mon River Trail north to Point Marion, then a road ride to Friendship Manor. After exploring the mansion and the park, we will return to Point Marion, and then bike back to Sabraton via the rail-trail.

**Saturday, May 24 at 1:00 PM Fayette County Road Ride (\*\*\*) David Phillips 304-290-3795**  
30 miles. Meet at the Free Methodist Church on left, in White House, PA, on Rt. 857 about two miles north of the PA border. Park towards the Tobin School Road side. A road ride over the hills and through the valleys of Fayette County.

**Saturday, May 24 at 10:00 AM Pike Street Bikes Rail-Trail Ride (\*) Mary Small 703-795-4438**  
10-20 miles. Meet at Pike Street Bikes, 215 Pike Street in Shinnston, to join their 10 mile cycling group for a ride north along the West Fork River Rail-Trail. We will continue toward Fairmont for another 5-10 miles before returning to Shinnston. Parking is available on the street in front of the bike shop.

**Sunday, May 25 at 1:00 PM Marilla Park to Masontown (Deckers Creek Trail) (\*\*) Kelly Williams 304-292-9821**  
22 miles. Meet at the Marilla Park Headquarters Building in Morgantown. Parking is available in front of the Marilla Park Headquarters; additional parking is available along Decker's Creek. We will be joined by members from Positive Spin, and bike up the Decker's Creek Trail to Masontown (milepost 13), then return to the park. We will have an informal potluck picnic at Positive Spin after the ride. Please bring a dish to share, or food can be purchased in Sabraton.

**Saturday, May 31 at 1:00 PM Fayette County Road Ride (\*\*\*) David Phillips 304-290-3795**  
(\*\*\*\*) 30 miles. Meet at the Free Methodist Church on the left in White House, PA on Rt. 857, two miles north of the PA border (Park towards the Tobin School Road side.) A road ride over the hills and through the valleys of Fayette County.

**Saturday, May 31 10:00 AM Pike Street Bikes Rail-Trail Ride (\*) Mary Small 703-795-4438**  
10-20 miles. Meet at Pike Street Bikes, 215 Pike Street in Shinnston, to join their 10 mile cycling group for a ride north along the West Fork River Rail-Trail. We will continue toward Fairmont for another 5-10 miles before returning to Shinnston. Parking is available on the street in front of the bike shop.

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## JUNE 2014 RIDE SCHEDULE

**Sunday, June 1 at 1:00 PM**      **Marilla Park to Opekiska Dam (MRT South) (\*)**      **Kelly Williams 304-292-9821**  
32 miles. Meet at the Marilla Park Headquarters Building in Morgantown. Parking is available in front of the Marilla Park Headquarters; additional parking is available along Decker's Creek. We will be joined by members from Positive Spin. We will bike south on the Mon River Trail to the Opekiska Dam (milepost 24), then return to the park.

**Saturday, June 7 at 10:00 AM**      **Jane Lew Road Ride (\*/\*\*)**      **Bill Foster 304-623-2736**  
15 to 25 miles. From I-79, take Jane Lew exit 105, go west ¾ mile to US 19, turn right and go about 500 feet' to downtown free parking lot on right (across from town hall). Choice of several pleasant, scenic rides. Route will depend on weather and how far folks want to go. Beginners welcome, relaxed pace.

**Sunday, June 8 at 1:00 PM**      **Mon River Trail North to PA State Line (\*)**      **Lisa Reiser 304-685-0860**  
24 miles. Meet at the parking lot behind Wendy's in Sabraton on Rt. 7. We will bike first on the Decker's Creek Trail, then north on the Mon River Trail to the PA state border, then return to Sabraton.

**Saturday, June 14 at 10:00 AM**      **Pike Street Bikes Rail-Trail Ride (\*)**      **Mary Small 703-795-4438**  
10-20 miles. Meet at Pike Street Bikes, 215 Pike Street in Shinnston, to join their 10 mile cycling group for a ride north along the West Fork River Rail-Trail. We will continue toward Fairmont for another 5-10 miles before returning to Shinnston. Parking is available on the street in front of the bike shop.

**Sunday, June 15 at 12:30 PM**      **Prickett's Fort Annual Club Ride & Picnic (\*\*)** (Road) **Kelly Williams - 304-292-9821**  
(Trail) **Jennifer Previll - 304-282-0218**  
36 miles. Join us for our annual club picnic at Prickett's Fort in Fairmont. Please bring a dish to share. MEET at the Morgantown MedExpress parking lot, University Ave./Don Knotts Blvd./Rt. 119. Ray will be there to take your food to the picnic. RIDE OPTION 1: Trail ride to Prickett's Fort (18 miles one way/36 miles roundtrip). RIDE OPTION 2: Road Ride to Prickett's Fort on Rt 73; a hilly route with traffic. DRIVE: Take exit 139 from I-79, north of Fairmont and meet us at Prickett's Fort for the picnic at 2:30pm. Riders will return to Morgantown after the picnic.

**Saturday, June 21 at 1:00 PM**      **Snake Hill / Decker's Creek Trail Loop (\*\*\*)**      **Marilyn Newcome 304-598-5078**  
26 miles. Meet at the parking lot behind Wendy's in Sabraton on Rt. 7. We will bike up Dug Hill, then continue up Snake Hill to Masontown. From the Masontown trail head, we will return to Morgantown via Decker's Creek Trail.

**Sunday, June 22 at 12:30 PM**      **Mon River Trail Bike and Kayak Ride (\*)**      **Jennifer Previll 304-282-0218**  
20 miles. Meet at the parking lot behind Wendy's in Sabraton on Rt. 7. We will bike south on the trail to Little Falls, then return, stopping at the Twin Spruce Marina along the trail. Kayaks and canoes can be rented and used on the Mon River. Bring a towel, a swimsuit, water, and snacks; a shuttle will be provided to transport these items from Sabraton to the Twin Spruce Marina. After kayaking, we will return to the start in Sabraton.

**Saturday, June 28 at 1:00 PM**      **Snake Hill / Decker's Creek Trail Loop (\*\*\*)**      **Marilyn Newcome 304-598-5078**  
26 miles. Meet at the parking lot behind Wendy's in Sabraton on Rt. 7. We will bike up Dug Hill, then continue up Snake Hill to Masontown. From the Masontown trail head, we will return to Morgantown via Decker's Creek Trail.

**Sunday, June 29 at 1:00 PM**      **Mt. Morris/Shannon Run (\*\*)**      **Kelly Williams 304-292-9821**  
16 miles. Take I-79 north, to the Mount Morris Exit 1; from the exit drive into Mount Morris. At the Rt 19 intersection, make a right turn and park at the Community Building, across from the BELKO food store, about one half mile away on the left. From there, we will bike to the end of Shannon Run. This is a pleasant country road, scenic with low traffic. We will return back down Shannon Run, then stop at the Rising Creek Bakery for coffee and snacks. We may then add another loop to this route, or return to the start.