

COUNTRY ROADS CYCLISTS

MAY - JUNE 2015 RIDE SCHEDULE

Contact listed ride leader for details. Please carpool to the start whenever possible.
Wear your helmet! **Difficulty Ratings:** (*) easy (**) moderate (***) difficult (****) extreme

Saturday, May 2 at 9:00 AM **Spring Spectacular Bonus Ride** **Jack Barker 304-282-6275**
(***). 70 miles. Meet at the Courthouse Square on High Street, in Morgantown. This is a free ride, open to the public. Helmet and signed waiver required. A road ride over the hills of West Virginia with plenty of climbing. There will be no SAG support for this ride, so please plan accordingly

Sunday, May 3 at 9:00 AM **Appalachian Spring Spectacular** **Jack Barker 304-282-6275**
(*/**/****) 25/45/60 miles. Meet at the trail side of the Morgantown Wharf District Parking Garage. Registration (\$10 fee) starts at 8am. Helmet and sign-in required. Limited SAG and Snack Stops for each ride will be provided. Choice of 25/45/60 mile road ride loop into Pennsylvania and back, or 25 mile out and back trail ride on the Mon River Trail south.

Saturday, May 9 at 1:00 PM **Snake Hill / Deckers Creek Loop** **Kelly Williams 304-292-9821**
(***) 25 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we can return down the Deckers Creek Trail to the start. NOTE: Cyclists can start with us, but continue up Deckers Creek Trail, and meet the group biking down the trail.

Sunday, May 10 at 1:00 PM **Mon River Trail North** **Mary Small 703-795-4438**
(*) 24 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 East. We will bike to the Mon River Trail, head north to the PA state line, then return to the start. We will stop for refreshments on the way back.

Saturday, May 16 at 1:00 PM **Snake Hill / Deckers Creek Loop** **Marilyn Newcome 304-598-5078**
(***) 25 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we can return down the Deckers Creek Trail to the start. NOTE: Cyclists can start with us, but continue up Deckers Creek Trail, and meet the group biking down the trail.

Sunday, May 17 at 2:00 PM **Jane Lew Road Ride** **Joe Leroy 304-677-6551**
(**). 15-25 miles. From I-79, take the Jane Lew Exit 105. Head east then turn left to park on the dead end side of the road in front of the truck stop. Choice of several pleasant, scenic rides. Route will depend on weather and how far folks want to go. Beginner road riders welcome; we will bike at a relaxed pace.

Saturday, May 23 at 1:00 PM **Little Falls - Opekiska Loop** **Kelly Williams 304-292-9821**
(**). 40 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike south on the Mon River Trail to Little Falls. From there we will climb Little Falls Road, Tom's Run, and Halleck Road. We will then head down Halleck Road to Opekiska Road, and return on the Mon River Trail. Join us for the entire loop, or just for the trail portion of the ride.

Sunday, May 24 at 1:00 PM **Deckers Creek Ride/ Positive Spin Potluck** **Jonathan Rosenbaum 304-599-2370**
(**). 22 miles. Meet at the Marilla Park headquarters building parking lot. We will be joined by members from Positive Spin, We will bike up Deckers Creek Trail to the Masontown trail head (Mile Marker 13). Then, we will return down the trail to the start. Back at the park, we will have an informal potluck picnic at Positive Spin. (Bring some food for the picnic, or food can be purchased somewhere in Sabraton).

Saturday, May 30 at 1:00 PM **Mon River Trail North / Dilliner Loop** **Kelly Williams 304-292-9821**
(***). 40 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike north on the Mon River Trail to Point Marion. From Point Marion, we will cross the river, bike along Rt. 88, then climb Dilliner Hill to Fort Martin Road, and return to Morgantown. Join us for the entire loop, or just the trail portion.

Sunday, May 31 at 10:00 AM **Mon River Trail North and South** **Lisa Rieser 304-685-0860**
(***) 60 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike on Deckers Creek Trail to the Riverfront Park. From there, we will head south to Prickett's Fort. After a rest, we will then ride to Mile Marker 0. We will then return to Morgantown, stopping for refreshments somewhere, before returning to the start. Please join us for the entire ride, or for just a portion of the route.

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- Saturday, June 6 at 1:00 PM** **Prickett's Fort Rail-Trail Ride** **Mary Small (703) 795-4438**
(*) 20 miles. Meet at the trail head across from the Prickett's Fort State Park visitor center. We will bike north on the Mon River Trail to Little Falls, rest and chat a bit, then ride back to Prickett's Fort. Bathrooms and water available at the visitor center.
- Sunday, June 7 at 1:00 PM** **Mon River Trail Bike and Kayak Ride** **Jennifer Preville 304-282-0218**
(*) 20 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike south on the Mon River Trail to Little Falls. After biking to Little Falls, on the return trip we will stop at Twin Spruce Marina along the trail. Kayaks and canoes can be rented and used on the Mon River. After kayaking we will return to the starting point.
- Saturday, June 13 at 10 AM** **Jane Lew Road Ride** **Bill Foster 304-623-2736**
(**). 15-25 miles. From I-79, take the Jane Lew Exit 105. Head east then turn left to park on the dead end side of the road in front of the truck stop. Choice of several pleasant, scenic rides. Route will depend on weather and how far folks want to go. Beginner road riders welcome; we will bike at a relaxed pace.
- Saturday, June 13 at 1:00 PM** **Mon River Trail/Stewartstown Road** **Kelly Williams 304-292-9821**
(***) 30 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike north on the Mon River Trail to the Van Voorhis trail head. From there, we will climb Baker's Ridge to Stewartstown Road. At Point Marion we will return via the Mon River Trail to the start. Join us for the entire loop, or just the trail portion of the ride.
- Sunday, June 14 at 1:00 PM** **Deckers Creek Rail-Trail** **Mary Small 703-795-4438**
(**) 14-22 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike up Deckers Creek Trail to the Snack Shack at Mile Marker 9. Riders will have the option to continue to Masontown, Mile Marker 13. We will return down the trail to the start.
- Saturday, June 20 at 1:00 PM** **Kirby Loop** **Kelly Williams 304-292-9821**
(***) 45 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike on Deckers Creek Trail to the Riverfront Park, then over the Westover Bridge, onto Rt. 100. We will take Rt. 100 to Mount Morris, then continue onto Shannon Run to Kirby. We will return to Mount Morris via Rt. 19, where we will stop at the Rising Creek Bakery and then return to Morgantown via Rt. 100.
- Sunday, June 21 at 12:30 PM** **Prickett's Fort Annual Club Ride & Picnic**
Kelly Williams 304-292-9821 / Jennifer Preville 304-282-0218 / Mary Small 703-795-4438
(**) 36 miles. Join us for our annual picnic at Prickett's Fort. Bring a dish to share. **MEET** at the Morgantown MedExpress parking lot (University Ave./Don Knott Blvd/Rt. 119). Ray will be there to take your food to the picnic. **OPTION 1:** Trail ride with Jennifer from Morgantown to Prickett's Fort (18 miles one way/ 36 miles roundtrip). **OPTION 2:** Road Ride with Kelly to from Morgantown to Prickett's Fort via Rt. 73. **OPTION 3:** Trail ride with Mary from Prickett's Fort to Little Falls and back (20 miles roundtrip). **OPTION 4:** Meet us at Prickett's Fort and join us for the picnic. Picnic will begin at about 2:30 PM
- Saturday, June 27 at 1:00 PM** **Dug Hill / Stewartstown / Point Marion** **Marilyn Newcome 304-588-5078**
(***) 35 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7, East). We will bike up Dug Hill to South Pierpont, then onto Canyon Road. From there we will ride up Stewartstown Road to Point Marion. From Point Marion we will return via the Mon River Trail.
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- Sunday, June 28 at 1:00 PM** **Positive Spin Ride and Meeting** **Jonathan Rosenbaum 304-599-2370**
(**) 14 miles. Meet at the Marilla Park headquarters building. We will be joined by members from Positive Spin. We will bike up Deckers Creek Trail to the Snack Shack at Mile Marker 9. We will then return down the trail to the start, for a potluck at Positive Spin. *This is a celebration of Positive's Spin's 10th anniversary.* Please attend their 10th Anniversary Celebration. (Bring some food for the potluck, or food can be purchased somewhere in Sabraton.)