

COUNTRY ROADS CYCLISTS

SEPTEMBER - OCTOBER 2014 RIDE SCHEDULE

Contact listed ride leader for details. Please carpool to the start whenever possible.
Wear your helmet! **Difficulty Ratings:** (*) easy (**) moderate (***) difficult (****) extreme

Saturday, September 6 at 1:00 PM - Mount Morris / Kirby Loop - Kelly Williams (304) 292-9821

(***) 20 miles. Meet at the Mount Morris Community Center. From I-79 N, take exit 1 in PA, follow the directions to Mount Morris. Make a right into Mount Morris, then a right at the Belko Foods. The Mount Morris Community Center is immediately on the left. NOTE: Please park only at designated spots at the Community Center. From the Community Center, we will bike up Shannon Run to Kirby, then follow Rt. 19 back into Mount Morris, then stop at the bakery.

Sunday, September 7 at 9:00 AM - Morgantown to Prosperity Century - Kelly Williams (304) 292-9821

(***) 100 miles or (***) 60 miles. Meet at the Morgantown Courthouse Square on High Street. We will ride to Mount Morris through Kirby to Waynesburg (60 miles), then to Prosperity and back (100 Miles). Guests are welcome. Waiver and helmet required. There will be no SAG provided for this ride; please plan accordingly.

Saturday, September 13 at 1:00 PM - Snake Hill / Decker's Creek Trail - Marilyn Newcome (304) 598-5078

(***) 26 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will bike up Dug Hill, then continue up Snake Hill to Masontown. From the Masontown trailhead, we will return to Morgantown via the Decker's Creek Trail.

Sunday, September 14 at 1:00 PM - Mon River Trail to Baker's Ridge - Jennifer Previll (304) 282-0218

(**) 20 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will bike north on the Mon River Trail to the Van Voorhis trailhead. From there we will head up Van Voorhis Road, to Baker's Ridge, and to UHS. We will then return to the trail. Cyclists can return to the start, or continue on to the PA state line and then return to the start.

Saturday, September 20 at 10:00 AM - Clarksburg to Lost Creek - Laurel Klein (304) 782-4117

(**) 22 miles. Meet at Veteran's Memorial Park in Clarksburg, in the parking lot in front of the swimming pool. We will stop for snacks in Lost Creek and rest at the trailhead for Lost Creek rail-trail. Some folks may wish to ride a few miles of the rail-trail on the return. Beginners welcome.

Sunday, September 21 at 11:30 AM - Mon River Trail to Friendship Hill: Festifall Ride - Jennifer Previll (304) 282-0218

(**) 34 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will bike the Mon River Trail north to Point Marion, PA, then ride 3 miles on the road to Friendship Hill. Once there, we will explore the park, and enjoy the Festifall celebration at Albert Gallatin's Manor House before returning to Point Marion for snacks. The return trip will be on the trail back to Morgantown. Cyclists may join us for just the rail-trail part of the ride.

Sunday, September 21 at 9:00 AM - Morgantown to Waynesburg Metric Century - Kelly Williams (304) 292-9821

(***) 62 miles. Meet at the Morgantown Court House on High Street. We will follow the Spring Spectacular route through Greene County to Waynesburg, then return to Morgantown. Guests are welcome. Waiver and helmets required. A shorter option is available, or anyone wanting to do a 100 mile century can continue on the Prosperity Loop from Waynesburg. There will be no SAG provided for this ride; please plan accordingly.

Saturday, September 27 at 10:00 AM - Pricketts Fort Rail-Trail Ride - Mary Small (703) 795-4438

(*) 20 miles. Meet at the trail head across from the Pricketts Fort State Park visitor center. We will bike north on the Mon River Trail to Little Falls, then back to Pricketts Fort. Bathroom and water available at the park.

Saturday, September 27 Annual Meeting - Panera's in Morgantown (Patteson Drive) 6:00 PM DINNER; 7:00 PM MEETING

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Sunday, September 28 at 9:00 AM - Mon River Trail Ride - Mike Dunaway (724) 970-6219

(**) 60 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will bike the entire trail; this will be Mike's birthday ride. We will first go south on the Mon River Trail to Prickett's Fort, then return to the PA state line. Snacks, water and rest stops available along the trail. We will stop after the ride for refreshments. Cyclists may join us anywhere along the trail to ride just a portion of this route.

Saturday, October 4 at 10:00 AM - Shinnston Rail-Trail Ride - Mary Small (703) 795-4438

(*) 10-24 miles. Meet at Pike Street Bikes, 215 Pike Street in Shinnston, to join their 10 mile cycling group for a ride north along the West Fork River Rail-Trail. Those who want more mileage may continue towards Fairmont before returning to Shinnston. Parking is available on the street in front of the bike shop.

Sunday, October 5 at 1:00 PM - Decker's Creek Rail-Trail and Potluck at the Positive Spin - Jonathan Rosenbaum (304) 599-2370

(**) 22 miles. Meet at Marilla Park. We will bike up Decker's Creek Rail-Trail to the Masontown trailhead, then we will turn and bike back down the trail, to reassemble at Positive Spin for a potluck. Bring food for yourself and also to share. A grill will be available.

Saturday, October 11 at 1:00 PM - Mile Climb Road - Marilyn Newcome (304) 598-5078

(***) 35 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will bike to Mount Morris, then continue up Shannon Run, turning onto Mile Climb Road. From the ridge, we will descend Little Shannon, returning to Mount Morris and back to Morgantown.

Sunday, October 12 at 1:00 PM - Snake Hill / Decker's Creek Trail - Kelly Williams (304) 292-9821

(***) 26 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will bike up Dug Hill, then continue up Snake Hill to Masontown. From the Masontown trailhead, we will return to Morgantown via the Decker's Creek Trail. Cyclists may bike up Decker's Creek Trail to join us as we return to Morgantown; we should be at Masontown about 2:30 PM.

Saturday, October 18 at 10:00 AM - Pricketts Fort Rail-Trail Ride - Mary Small (703) 795-4438

(*) 20 miles. Meet at the trail head across from the Prickett's Fort State park Visitor Center. We will bike north on the Mon River Trail to Little Falls, then back to Prickett's Fort. Bathrooms and water available at the park.

Sunday, October 19 at 1:00 PM - MRT/Little Falls Road/Halleck Road/Opekiska - Jennifer Preville (304) 282-0218

(**) 32 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will ride down the Mon River Trail, to the Little Falls trailhead. We will then bike Little Falls Road, Tom's Run, lower Halleck Road, and return to the trail via Opekiska Road. Then we will return to the start. Cyclists may choose to continue down the trail from Little Falls to meet up with the road riders at the Opekiska Dam.

Saturday, October 25 at 1:00 PM - Brushy Fork Out and Back - Laurel Klein (304) 782-4117

(**) 32 miles. Park at the tennis courts at the far end of Hinkle and Deegans Lake park. From I-79, take exit 119 on Rt. 50 east into Bridgeport, turn right at the traffic light by the Rite Aid onto Virginia Ave, and at the car wash bear left onto Brushy Fork road. An out and back ride through rolling country side with one or two hills each way. Easy pace.

Sunday, October 26 at 1:00 PM - Stewartstown/Dilliner/Fort Martin - Kelly Williams (304) 292-9821

(***) 40 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7 east. We will bike north on the Mon River Trail to the Van Voorhis exit, then climb to Baker's Ridge, to Stewartstown Road. At Point Marion, we will cross the river, bike along Rt. 88, then climb Dilliner Hill to Fort Martin and return to Morgantown.

Sunday, October 26 at 1:00 PM - Mon River Trail North to the Mason-Dixon Line - Lisa Reiser (304) 685-0860

(*) 24 miles. Meet at the parking lot behind Wendy's in Sabraton, on RT 7 east. We will bike to the Mon River Trail, head north to the state line, then return to the start. Longer options will be available.