

COUNTRY ROADS CYCLISTS

SEPTEMBER - OCTOBER 2015 RIDE SCHEDULE

Contact listed ride leader for details. Please carpool to the start whenever possible.

Wear your helmet! **Difficulty Ratings:** (*) easy (**) moderate (***) difficult (****) extreme

Saturday, September 5 at 9:00 AM Rowlesburg Mountain Road Touring Festival Kelly Williams 304-292-9821
(***) 56 miles. A hilly, challenging route through Preston County. Meet at the Rowlesburg City Park. From Morgantown, take Rt. 7 to Kingwood, then Rt. 72 south to Rowlesburg. From Clarksburg, take Rt. 50 east to Rt. 72, then north to Rowlesburg. This is a free event, and guests are welcome. Helmets and registration, at the city park, are required for all riders. Map is available. CRC will provide a snack stop, plus limited SAG; please plan accordingly for your ride.

Sunday, September 6 at 1:00 PM Mon River Trail to Point Marion Kelly Williams 304-292-9821
(*) 26 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7. We will ride north on the Mon River Trail to the state line, then we will continue north to Point Marion, stopping at the grocery store for refreshments. From there, we will return to the start.

Saturday, September 12 at 10:00 AM Shinnston Rail-Trail Ride Mary Small 703-795-4438
(*) 10-24 miles. Meet at the rear of the Oriole's Club parking lot, across the street from Pike Street Bikes, 215 Pike Street in Shinnston, to join their 10 mile cycling group for a ride north along the West Fork River Rail-Trail to Worthington and back. Those who want more mileage may continue toward Fairmont before returning to Shinnston. Riders will have the option to gather at the Oriole's Club for lunch after the ride.

Sunday, September 13 at 10:00 AM Connellsville to Ohiopyle Kelly Williams 304-292-9821
(**) 36 miles. Meet behind the Martin's Grocery Store in Connellsville, PA, at the GAP (Greater Allegheny Passage) trailhead. From I-68 Morgantown, take Rt. 43, the Mon-Fayette Expressway (this is a toll road), to Uniontown. Continue on US 119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot and continue to the trailhead parking behind Martin's. The day trip will be an out and back to Ohiopyle, with lunch in Ohiopyle.

Sunday, September 13 through September 16 Connellsville to Cumberland 2-4 Day GAP Tour Kelly Williams 304-292-9821

(**) 90-180 miles. Four day tour: Connellsville, through Ohiopyle and Confluence, to Rockwood; Rockwood to Cumberland; Cumberland to Rockwood; and Rockwood to Connellsville. Two day tour: Connellsville to Ohiopyle to Rockwood, and return. All cyclists riding with us must be 2015 CRC club members and, as always, helmets will be required. Contact Kelly (kellyrwilliams@msn.com or 304-292-9821) for more details.

Saturday, September 19 at 10:00 AM Snake Hill / Decker's Creek Loop Marilyn Newcome 304-598-5078
(***) 25 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7. We will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we will return down the Decker's Creek Trail to the start.

Sunday, September 20 at 9:00 AM Morgantown to Prosperity Century Kelly Williams 304-292-9821
(***) 100 miles / 60 miles. Meet at the Morgantown Courthouse Square on High Street. We will ride to Mount Morris, then to Kirby and Waynesburg, then onto Prosperity and back (100 miles). For 60 miles, ride with us to Waynesburg, then return to Morgantown. This is a free event, helmets are required for all riders, and guests (must sign a waiver) are welcome. No SAG will be provided, and there will be several opportunities to stop for refreshments. Please plan accordingly.

Sunday, September 20 at 12:00 Noon Festifall at Friendship Hill Jennifer Preville 304-282-0218
(**) 34 miles. Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7. We will bike north on the Mon River Trail to Point Marion. From there, we will bike 3 miles on the road to Friendship Hill, for the Festifall Celebration. After spending time at the festival and exploring the park, we will return to Morgantown.

Saturday, September 26 at 1:00 PM Mount Morris / Kirby Loop Kelly Williams 304-292-9821
(***) 20 miles. Meet at the Mount Morris Community Center. From I-79, take exit 1 in PA, follow the directions to Mount Morris, make a right into Mount Morris, then a right at Belko Foods. The community center is on the left. Note: please park only in the designated parking spots. From Mount Morris, we will bike up Shannon Run to Kirby, then follow Rt. 19 back to Mount Morris, stopping at the Rising Creek Bakery for refreshments. (Note: WVU Game 12:00 Noon)

COUNTRY ROADS CYCLISTS

Sunday, September 27 at 1:00 PM Clarksburg to Lost Creek Joe Leroy 304-677-6551
(**) 22 miles. Meet at the parking lot in front of the swimming pool at the Veterans Park in Clarksburg. We will bike along Rt. 25 to Lost Creek. After resting at the trailhead for the Lost Creek Trail, we will return to the start.

Saturday, October 3 at 9:00 AM Mount Morris - Point Marion Loop Phil Slates 304-777-9663
(***) 40 miles. Meet at the parking lot behind Wendy's, in Sabraton, on Rt. 7. We will bike to Mount Morris, then onto Point Marion, returning via the Mon River Trail. Cyclists can stop at Apple Annie's before returning to Morgantown.

Saturday, October 3 at 10:00 AM Shinnston Rail-Trail Ride Mary Small (703) 795-4438
(*) 10-24 miles. Meet at the rear of the Oriole's Club parking lot, across the street from Pike Street Bikes, 215 Pike Street in Shinnston, to join their 10 mile cycling group for a ride north along the West Fork River Rail-Trail to Worthington and back. Those who want more mileage may continue toward Fairmont before returning to Shinnston. Riders will have the option to gather at the Oriole's Club for lunch after the ride.

Sunday, October 4 at 1:00 PM Brushy Fork Out and Back Joe Leroy 304-677-6551
(**) 32 Miles. An out and back ride through rolling country with a few hills each way. Meet at the tennis courts at the far end of Hinkle Lake. From I-79, take exit 119 onto Rt. 50 east, in Bridgeport turn right on S. Virginia Ave./ Rt. 58, continue straight to Hinkle Lake Road. The park will be on your right.

Saturday, October 10 at 1:00 PM Claughton Church Kirby Loop Kelly Williams 304-292-9821
(***) 25 miles. Meet at the Mount Morris Community Center. From I-79, take exit 1 in PA, follow the directions to Mount Morris, make a right into Mount Morris, then a right at Belko Foods. The community center is on the left. Note: please park only in the designated parking spots. From Mount Morris, we will bike up Shannon Run to Claughton Church Road. We will then bike onto Kirby Road and then to Rt. 19, returning to Mount Morris, stopping at the Rising Creek Bakery for refreshments. **(Note: WVU Game at 1:00 PM)**

Sunday, October 11 at 1:00 PM Decker's Creek Trail Lisa Rieser 304-685-0860
(**) 22 miles. Meet at the parking lot behind Wendy's, in Sabraton, on Rt. 7. We will bike up Decker's Creek rail-trail to the Masontown trail head, and then return to Morgantown.

Saturday, October 17 at 1:00 PM Snake Hill / Decker's Creek Loop Marilyn Newcome 304-598-5078
(***) 25 miles. Meet at the parking lot behind Wendy's, in Sabraton, on Rt. 7. We bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we will return down the Decker's Creek Trail to the start.

Sunday, October 18 at 2:00 PM Jane Lew Road Ride Bill Foster 304-623-2736
(*) 15-20 miles. Choice of several pleasant, scenic rides. From I-79, take Jane Lew exit 105, park on dead end side road in front of the truck stop just east of I-79. Route will depend on weather and how far folks want to go. Beginners welcome, relaxed pace.

Saturday, October 24 at 10:00 AM Over Mount Davis Larry Osborn 304-777-7393
(****) 50 miles. Meet at the town square in Confluence, PA (Pre-ride breakfast at Sister's at 9:00 AM). <http://www.visitconfluence.info/DirectionsMaps.html> We will ride out to Mt. Davis (the highest point in PA at 3213 feet) then on to Meyersdale for lunch. After lunch, we climb Mt. Davis again, returning to Confluence. (Rain Date/ Snow Date is Sunday, October 25.)

**** Saturday, October 24 at 6:00 PM CRC Annual Members' Meeting ****

Dinner @ 6pm; Meeting starts @ 7pm. Location: Panera Bread, 357 Patteson Drive, Morgantown, WV 26505 (304) 598-3901. Questions? Please contact Kelly Williams at (304) 393-9821

Sunday, October 25 at 1:00 PM. Fall Spectacular Ride / Positive Spin Potluck Jonathan Rosenbaum 304-599-2370
(**) 22 miles. Meet at the Marilla Park headquarters building parking lot. We will be joined by members from Positive Spin, and bike up Decker's Creek Trail to the Masontown trail head. We will return down the trail to Positive Spin, for an informal potluck picnic. Bring some food to share, or food can be purchased in Sabraton.

Saturday, October 31 at 11:00 AM Mon River Trail to Point Marion Mary Small 703-795-4438
(**) 24 miles. Join us for the final organized ride of the season! Meet at the parking lot behind Wendy's in Sabraton, on Rt. 7. We will ride on the Mon River Trail North to the PA state line, continue north to Point Marion, then return to the start.