...SPOKIN' RIDES...
COUNTRY ROADS CYCLISTS GET OUT AND GO!

September-October 2022 RIDE SCHEDULE Ride Captain: Marilyn Newcome 304-216-9062

Contact Ride Leader for more details. Wear your helmet. Difficulty Rating: (*) easy (**) moderate (***) difficult (****) extreme T=trail, R=mostly or all road, T/R = both in roughly equal amount

Saturday, September 3 at 12:00 NOON Nilan Hill- Lake Lynn Loop Kelly Williams 304-276-5530

(***, R) 30-35 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride a loop that will include climbing Nilan Hill and returning on Lake Lynn Hill, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

Sunday, September 4 at 12:00 NOON Taylortown Loop Kelly Williams 304-276-5530

(**, R) 30 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt 7, East). We will bike down Decker's to the park, and then cross the Westover Bridge. From there, we bike on Rt 100 to Taylortown Road, returning to town via Fort Martin Hill, and Rt 100.

Saturday, September 10 at 11:00 AM Boston PA to Point State Park Kelly Williams 304-276-5530

(**, T) 44 miles. Meet at the Boston, PA trailhead. (The trailhead parking lot is off of Donner Street and under the Boston Bridge.) We will bike west to the Western Terminus Marker of the GAP at Point State Park. After that we will bike east to the starting point.

Sunday, September 11 at 12:00 NOON Fayette County Loop Kelly Williams 304-276-5530

(***,R) 25 miles. Meet at the Free Methodist Church in Whitehouse (2125 Springhill Furnace Road, on the corner of Rt 857 and Tobin School Road). We will bike a loop on the country roads of Fayette County.

Saturday, September 17 at 12:00 NOON Mount Morris Loop Marilyn Newcome 304-216-9062

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Sunday, September 18 at 9:00 AM METRIC CENTURY Kelly Williams 304-276-5530

(***, T) 62 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt 7, East). We will bike to the Mon River Trail to Prickett's Fort, then north to Point Marion. We will stop at Mountain State Brew Pub for food and refreshments before returning to the start. Join us for all or part of the ride, or join us just for refreshments at Mountain State.

Saturday, September 24 at 12:00 NOON Tom Cat Hollow Loop Marilyn Newcome 304-216-9062

(***, R/T) 35 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride a loop that will climb Friendship Hill then, in turn, we will climb Tom Cat Hollow, to Rt 119 before returning on Nilan Road and then back to Star City. (Trail riders can bike to Point Marion and back.)

Sunday, September 25 at at 12:00 NOON Mount Morris Loop Mike Keane 304-376-0604

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, October 1 at 10:00 AM Rockwood to Frostburg Kelly Williams 304-276-5530

(**, T) 30 miles. Meet at the Rockwood Trailhead. We will bike east on the GAP to Frostburg. We will then spend the night in Frostburg, either at a hotel or camping.

Sunday, October 2 at 9:00 AM Frostburg to Rockwood Kelly Williams 304-276-5530

(**, T) 30 miles. Meet at the Frostburg Trailhead. We will return to the start in Rockwood.

Saturday, October 8 at 12:00 NOON Mon River Trail towards Lake Lynn Dam Jennifer Previll 304-282-0218

(*,T) 34 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail to Point Marion, then to the Lake Lynn Dam. We will be stopping in Point Marion for water and snacks at the grocery store on the return trip. (Trail riders can bike to Point Marion and back.)

Sunday, October 9 at 11:00 AM Panhandle Trail Tom Pinto 304-276-5051

(**, T) 36 miles. Meet at the McDonald PA parking area. We will ride west to the end of the trail, then back to McDonald, approx. 14 miles. We will then proceed west to Burgettstown, PA and take a break before heading back to McDonald approx. 20 miles. On the way back we could check out the connection with the Montour Trail which run from the Airport to the Mon River and connects to the GAP near Mckeesport PA. This would add 2 miles. Total minimum 14, maximum 36. (NOTE: the trail is 58 miles round trip, but we will plan on doing 36 miles round trip). (The McDonald parking area is 64 miles 1 hr 15 min. Anyone wanting to convoy to McDonald could meet at the Coliseum Track parking at 9:30 AM)

Saturday, October 15 at 10:00 AM Elkins Gravel Weekend Rick Probst 443-866-0237

(***, R) 30 miles. Meet at the Highland Park Trailhead (US 219 across from the Division of Highways District 8 Headquarters, just a mile from downtown Elkins). We will do a gravel ride around the back roads of Elkins. We will then spend the night in Elkins, either at a hotel or camping.

Sunday, October 16 at 9:00 AM Elkins Gravel Weekend Rick Probst 443-866-0237

(***, R) 30 miles. Meet at the Highland Park Trailhead (US 219 north to access the Highland Park Trailhead, across from the Division of Highways District 8 Headquarters, just a mile from downtown Elkins). We will do a gravel ride around the back roads of Elkins.

Saturday, October 22 at 12:00 NOON Decker's Creek Trail Ride Jennifer Previll 304-282-0218

(**,T) 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

Sunday, October 23 at 12:00 NOON Mapletown Loop Tom Pinto 304-276-5051

(***. R) 30 miles. Meet at the bathrooms in Star City. We will bike to Point Marion, cross the river to Rt 88 North, then bike some of the back roads around Greene County, before returning. (trail riders can bike to Point Marion and back.)

Saturday, October 29 at 12:00 NOON Fayette County Loop Kelly Williams 304-276-5530

(***,R) 25 miles. Meet at the Free Methodist Church in Whitehouse (2125 Springhill Furnace Road, on the corner of Rt 857 and Tobin School Road). We will bike a loop on the country roads of Fayette County.

Sunday, October 30 at 12:00 NOON Mount Morris Loop Mike Keane 304-376-0604

(**, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Country Roads Cyclists Annual Meeting: CRC Annual Meeting will be held on September 24, 2022 at 6:00 PM, at the Panera's Bread, 357 Patteson Drive, Morgantown, WV