

...SPOKIN' WORDS...
COUNTRY ROADS CYCLISTS NEWSLETTER
Serving North Central West Virginia Cyclists
May-June 2018 Issue 2

Spring Spectacular 2018 around the corner, May 5-6

SATURDAY, MAY 5, 9:00 AM (Registration starts at 8:00 AM)

Contact: Kelly Williams 304-292- 9821

Starting Point: 103 School Rd, Mt. Morris, PA.

(Mt. Morris Gospel Tabernacle). Choose a 25, 45, or 60-mile Road Ride on scenic, low traffic roads. All routes are reasonably hilly and challenging for fit road cyclists.

\$15 Registration fee includes: Coffee and Snacks before the ride; Map and Cue Sheets; Snack Stop and SAG wagon support during the ride. Signed *Registration/Waiver Form and helmets required.*

SUNDAY, MAY 6, 9:00 AM (Registration starts at 8:00 AM)

Contact: Kelly Williams 304-292- 9821

Starting Point: Wharf Parking Garage, 61 Wharf Street, Morgantown, WV 26501.

Choose a leisurely 21-mile Rail-Trail Ride, OR a 60 mile Road Ride at a moderate tempo with 5000 feet of climbing. These are free, non-supported rides, but a Signed Registration/Waiver form and helmets are required.

The annual season kick-off PIZZA PARTY

The annual PIZZA PARTY was held on Saturday, March 10, 2018 at 6:00 PM, at Colasessano's Pizza in Fairmont, WV. CRC members attending included Kelly, Gerry, Bruce, Jennifer, Bruce, Delores, Steve. We all had good food and good times, and discussed plans for the 2018 season.

2018 Opening Day, Rails-to-Trails Conservancy

Saturday, April 28th, 11AM-3PM. Are you 16 or younger? Get a free helmet! Go on a geocaching walk. The flyer says "We have family fun activities scheduled from 11am-3pm, so grab your bicycles, walking shoes, horses, family and friends and join us for a day on the trail!" The main event (of course, a bicycle ride) is at 3PM. If, on the other hand, you are a diehard cyclist who sticks to the CRC ride schedule, clip up for a Claughton Chapel ride starting in Mt. Morris.

April Trail of the Month

The North Bend Rail-Trail and Harrison Rail-Trails was chosen for the April Trail of the Month by the Rails to Trails Conservancy! A new article on the Parkersburg to Pittsburgh Corridor (P2P) of the Industrial Heartland Trail Coalition announces this. The link is:

<https://www.railstotrails.org/trailblog/2018/april/16/west-virginia-and-pennsylvania-s-parkersburg-to-pittsburgh-corridor/>

Great Riding Stories from March and April:

Saturday, March 31. The CRC riders met a group of cyclists along the Kirby route in Mt. Morris (Fred, Nina, Frank, and Fran). After the ride everyone stopped at the bakery for a snack. Picture on next page.

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Sunday, April 8. It was freezin' and blowin' to the state line, but an intrepid group of CR cyclists made it! Ella Belling of Mon River Trails Consortium (MRTC) sent us off from Wendy's armed with the realization that it was the opening weekend for the trail. We avoided mud at mile 12 by turning north at Ruby McQuain park. Riders include ride leader Lisa, Marilyn, Jennifer, Kelly, Mark, Joe, Dana, Jack, Steve, and a new rider, Luke, who joined us for 6 miles of this 24 mile jaunt.



More Rides in the Future

Overnight from Connellsville to Confluence, May 19 and 20

UPCOMING REGIONAL RIDES:

- Horsey Hundred 2018 MAY 26 to 27
- Marietta River Rendezvous 2018 JUNE 2 to 3
- Hilly Billy June 23

BIKE VIRGINIA 2018 JUNE 22 to 27

Escape the mundane to ride in a truly remarkable place. "Ride the River" on Bike Virginia's 31st annual bicycle adventure June 22–27, 2018. Join the Bike Virginia family of 1,500+ riders, kindred spirits, for SIX terrific days on Virginia's outstanding cycling roads. Pedal from our TWO lovely host locations—one in Radford, Virginia and the other, Claytor Lake State Park, in Dublin, Virginia—for a bike vacation that will delight your senses. Can't escape for a week? That's okay, you can join us for the weekend or weekday portion of the event.

The Lancaster Covered Bridge Classic

Sunday August 19, 2018 (formerly the Covered Bridge Metric Century) is a classic Pennsylvania ride now in its 40th year. It offers beautiful routes of 100 miles, 65 miles, 33 miles, and 16 miles, covering some of the most scenic cycling terrain anywhere. Each route traverses through covered bridges and past Amish farms. The routes all cover rolling terrain with only moderate climbing with the exception of the 100-mile route. The 100-mile option is a challenging ride that includes a hilly 38-mile loop that starts and ends at the lunch rest stop in Stevens, PA. There are no official rest stops on the 38-mile loop, so please stock up at the lunch stop.

Ride Schedule for May and June!

We have a full ride schedule for May and June! And, every weekend in May and June there is a scheduled Road Ride, often starting from the parking lot at Wendy's. We cannot predict the weather, and most of us do not like to bike in the cold, or rain (heat?). But, if the weather is OK, come out and join us for some bike riding in West Virginia!

Mon Valley Century Annual Bicycle Run on August 12th

This ride starts in Elizabeth, PA. The 100 Mile is back. As long as the road stays open (according to Penn Dot) there is no road closures for this year 2018. Further info will be following along with a registration form for you to fill out.

Sheepskin Trail Point Marion Groundbreaking, Monday May 7

You are invited to celebrate with the Fayette County Commissioners as they break ground for the long-awaited 1.7 miles of the Sheepskin Trail from the WV line through Point Marion Borough AND an announcement in partnership with the Southwestern PA Commission regarding new funding for more trails to come! Meet at 10 AM, Monday, May 7, 2018 at the Point Marion Borough, Cheat St. at its intersection with Railroad St.

REGIONAL EVENTS

GREAT GREENBRIER RIVER RACE; run 3 miles,
paddle 4 miles, pedal 10 miles

April 28, Marlinton, WV

<http://wordpress.greenbrierrivertrail.com/>

\$50 until April 13

WHITE OAK CHALLENGE 66ER 6 hour mountain
bike race

May 6, Lost Creek, WV

<http://www.iplayoutside.com/Search/index.php>

\$45 until April 1

GREENBRIER RIVER TRAIL BIKE TREK 3 day,
100 miles, ALS fundraiser

May 17-20, Buckeye, WV

<http://www.iplayoutside.com/Events/2018/05/16777.html>

\$70 + donations

CASA RIVER CENTURY/ 25/50/75 early reg.
\$45/55 by 4-29

May 19, Shepherdstown, WV

<http://casarivercentury.org/details/>

DC BIKE RIDE 20 mile car free closed road route
May 19, Washington, DC <https://dcbikeride.com/>

\$60 adults, children much less

TOSRV two day, 210 miles (note new start/finish)
\$95 by April 30, \$115 May 1-19

**May 20-21 Canal Winchester -Portsmouth- Canal
Winchester, Ohio** <http://tosrv.org/>

12th WHEELING HERITAGE TRAIL BICYCLE
TOUR 10/30/62 miles flat to very hilly

May 27, Wheeling, WV

www.OhioValleyTrailPartners.com fundraiser (min.\$25
in 2016)

MARIETTA RIVER RENDEZVOUS 2 day ride
136 miles, shorter options, lesser rates

June 2-3, Duncan Falls -Marietta- Duncan falls,

Ohio \$65 postmark by May 1, \$70 after

<http://www.mariettarcc.org/Events/events2018/LinkFor2018RR.html>

SPACE RACE RUMPUS \$75/90 after June 1, with
options

June 8-9, Green Bank, WV

<https://www.spaceracerumpus.org/>

It's a festival. It's a race. It's group rides. It's a clinic.
It's a fundraiser. It's a tradition.

THE FAST AND THE FIORINI Big Pencil to Big
Walker Charity Ride

June 16, Wytheville, VA \$60 before June 1

<http://www.bigwalkercharityride.com/>

THE GREAT OHIO BICYCLE ADVENTURE
bicycle camping tour, many options

June 16-23,

**Delaware-London-Circleville-Lancaster-Newark-
Delaware, Ohio** \$300

<http://goba.com/wordpress/>

RIDE THE RIVER with Bike Virginia 3 day
wkend/wkday/6 day tour \$299/349/599 until 5-31

June 22-27, <https://bikevirginia.org/2018-tour/>

HILLY BILLY ROUBAIX 74 miles/ 33 miles lite,
rough race route, **June 23, Core, WV**

<https://www.bikereg.com/37073> various fees, go up on
May 3