

...SPOKIN' RIDES...
COUNTRY ROADS CYCLISTS GET OUT AND GO!
July-August 2018 RIDE SCHEDULE
Ride Captain: Steven Knudsen (304-906-3483)
Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (*) easy () moderate (***) difficult (****) extreme**
T=trail, R=mostly or all road, T/R = both in roughly equal amounts

Sunday, July 1 at 12:00 NOON Dilliner Loop Kelly Williams 304-292-9821

(***) Road, 40 miles or Trail, 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then north to the Van Voorhis trailhead. From there, we will bike to Bakers Ridge, to Stewartstown Road, to Point Marion. Then crossing the river, we will bike up Dilliner Hill and return to Morgantown. Trail Riders can bike to the state line, then return to the start.

Wednesday, July 4 at 10:00 AM Decker's Creek Trail Marilyn Newcome
304-216-9062

(**) Rail-Trail. 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

Saturday, July 7 at 10:00 AM Little Falls/Opekiska Loop Kelly Williams
304-292-9821

(**) Road. 35 miles or Trail, 35 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then bike up Little Falls Road to Tom's Run to Halleck to Opekiska Road, to the Mon River Trail. We will return on the trail. Trail Riders can bike south on the Mon River Trail to Opekiska, then return to the start.

Sunday, July 8 at 10:00 AM Kirby Loop Phil Slate 304-777-9663

(**) 30 miles. Meet at the Mount Morris Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

Saturday, July 14 at 12:00 NOON Upper Decker's Creek Trail Kelly Williams
304-292-9821

(*) Rail-Trail. 12 miles. Meet at the parking lot in Reedsville RT 92. We will bike up Decker's Creek Trail to the end, then return back down the trail to Masontown and back to the start. We will then drive to the New Deal Festival in Arthurdale (There is an admission fee).

Sunday, July 15 at 12:00 NOON BIKE and KAYAK Ride Jennifer Preville 304-282-0218

(*) Rail-trail, 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north, and stop at the Twin Spruce Marina. At the marina, anyone may rent a kayak for the river (kayaks can be rented for a donation), or just enjoy the waterfront and docks at Twin Spruce Marina. We will then return to the start.

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**Saturday, July 21 at 9:00 AM Cooper's Rock State Park Road Ride Phil Slates
304-777-9663**

(**) Road, 20 miles. Meet at the parking lot, just off the I-68 exit for Cooper's Rock State Park, (I-68 EXIT 15). We will bike on the road to the Coopers Rock overlook, then back to road to Henry Clay Furnace. We can also bike on RT 73 to the Chestnut Ridge Park, and back.

Sunday, July 22 at 12:00 NOON Dilliner Loop Kelly Williams 304-292-9821

(***) Road, 40 miles or Trail, 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then north to the Van Voorhis trailhead. From there, we will bike to Bakers Ridge, to Stewartstown Road, to Point Marion. Then crossing the river, we will bike up Dilliner Hill and return to Morgantown. Trail Riders can bike to the state line, then return to the start.

Saturday, July 28 at 10:00 AM Little Falls/Opekiska Loop Kelly Williams

304-292-9821 (**) Road. 35 miles or Trail, 35 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then bike up Little Falls Road to Tom's Run to Halleck to Opekiska Road, to the Mon River Trail. We will return on the trail. Trail Riders can bike south on the Mon River Trail to Opekiska, then return to the start.

**Sunday, July 29 at 10:00 AM GAP: Connellsville to Ohiopyle Kelly Williams
304-292-9821**

(**) Trail, 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

Saturday, August 4 at 10:00 AM Snake Hill Loop Marilyn Newcome 304-216-9062

(***) Road, 25 miles or (**) Trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7 East). Road riders will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we will return down Decker's Creek Trail to the start. Rail-trail cyclists can start with us, then continue up Decker's Creek Trail, and meet the group coming down the trail from Masontown.

**Sunday, August 5 at 12:00 NOON Mon Trail North into Point Marion Lisa Reiser
304-685-0860**

(**), 30 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike Decker's Creek Trail to the waterfront, then turn north to the Pennsylvania state line NOTE: If the Sheepskin trail is open, we will bike into Point Marion. Return to start.

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Saturday, August 11 at 10:00 AM Mount Morris/Claughton Chapel Loop Marilyn Newcome 304-216-9062

(***,R) Road, 30 miles. Meet at the Mount Morris Senior Center(yellow brick building). From there, we will bike Shannon Run to Claughton Chapel and onto Kirby Road to RT 19 to Mount Morris; stopping in at the Rising Creek Bakery after the return trip.

Sunday, August 12 at 12:00 NOON Decker's Creek Trail Kelly Williams 304-292-9821

(**) Rail-Trail. 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Reedsville, then return back down the trail to the start.

Saturday, August 18 at 10:00 AM Snake Hill Loop Marilyn Newcome 304-216-9062

(***) Road, 25 miles or (**) Trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7 East). Road riders will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we will return down Decker's Creek Trail to the start. Rail-trail cyclists can start with us, then continue up Decker's Creek Trail, and meet the group coming down the trail from Masontown.

Sunday, August 19 at 9:00 AM Mon River Trail Metric Century Lisa Reiser 304-685-0860

(**) Trail, 64 miles. Meet at the parking lot behind Wendy's Sabraton (RT 7, east). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to Prickett's Fort. After a rest, we will return north to the state line. From there, we will then head south on the trail, stopping at Mountain State Brew Company for refreshments. Afterwards, back to the start. Cyclists can join us any where along the route.

Saturday, August 25 at 10:00 AM Morgantown to Mount Morris Marilyn Newcome 304-216-9062

(**) Road, 28 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7 East). We will bike south on the Decker's Creek Trail to the Westover Bridge, then bike across the bridge, and take RT 100, then RT 19, into Mount Morris. After stopping at the Rising Creek Bakery, we will return to the start.

Sunday, August 26 at 12:00 NOON BIKE and KAYAK Ride Jennifer Preville 304-282-0218

(*) Rail-trail, 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north, and stop at the Twin Spruce Marina. At the marina, anyone may rent a kayak for the river (kayaks can be rented for a donation), or just enjoy the waterfront and docks at Twin Spruce Marina. We will then return to the start.