#### ...SPOKIN' RIDES...

COUNTRY ROADS CYCLISTS GET OUT AND GO!

#### March - April 2025 RIDE SCHEDULE

Ride Captain: Marilyn Newcome 304-216-9062 Contact Ride Leader for more details. Wear your helmet.

Difficulty Rating: (\*) easy (\*\*) moderate (\*\*\*) difficult (\*\*\*\*) extreme T=trail, R=mostly or all road, T/R = both in roughly equal amount

# Saturday, March 1 at 12:00 NOON Wendy's to Little Falls Kelly Williams 304-276-5530

(\*, T) 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

## Sunday, March 2 at 12:00 NOON Decker's Creek Trail Kelly Williams 304-276-5530

(\*\*,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

## Saturday, March 8 at 12:00 NOON Wendy's to Point Marion Kelly Williams 304-276-5530

(\*,T) 27 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike north on the Mon River Trail towards Point Marion, then return to the start.

## Sunday, March 9 at 12:00 NOON Decker's Creek Trail Kelly Williams 304-276-5530

(\*\*,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

#### Saturday, March 15 at 12:00 NOON Wendy's to Little Falls Phil Slates 304-777-9663

(\*, T) 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

#### Sunday, March 16 at 12:00 NOON Decker's Creek Trail Steve Knudsen 304-906-3483

(\*\*,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

## Saturday, March 22 at 12:00 NOON Star City to Lake Lynn Dam Marilyn Newcome 304-216-9062

(\*, T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

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#### March - April 2025 RIDE SCHEDULE

Ride Captain: Marilyn Newcome 304-216-9062 Contact Ride Leader for more details. Wear your helmet.

## Sunday, March 23 at 12:00 NOON Wendy's to Little Falls Jennifer Previll 304-282-0218

(\*, T) 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

#### Saturday, March 29 at 12:00 NOON Decker's Creek Trail Kelly Williams 304-276-5530

(\*\*,T) 23 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Masontown, then return back down the trail to the start.

## Sunday, March 30 at 12:00 NOON Mount Morris Loop Mike Hawranick 304-641-5564

(\*\*, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

## Saturday, April 5 at 12:00 NOON Wendy's to Little Falls Karl Diefenbach 304-216-5169

(\*, T) 24 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north to the start.

# Sunday, April 6 at 12:00 NOON Star City to Lake Lynn Dam Steve Knudsen 304-906-3483

(\*, T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

# Saturday, April 12 at 12:00 NOON Uffington to Prickett's Fort Marilyn Newcome 304-216-9062

(\*.T) 30 miles. Meet at the trailhead at Uffington (mile marker 13.5) Drive south on Rt 73 to reach the Uffington Trailhead, there is a sign there for the Twin Spruce Marina. From the trailhead we head south to Prickett's Fort, then returning north to the start of the ride.

## Sunday, April 13 at 12:00 NOON Mount Morris Loop Phil Slates 304-777-9663

(\*\*, R) 20-30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris.

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#### March - April 2025 RIDE SCHEDULE

Ride Captain: Marilyn Newcome 304-216-9062 Contact Ride Leader for more details. Wear your helmet.

## Saturday, April 19 at 12:00 NOON Star City to Lake Lynn Dam Jennifer Previll 304-282-0218

(\*, T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)

# Sunday, April 20 at 12:00 NOON Top of Decker's Kelly Williams 304-276-5530

(\*,T) 14 miles. Meet at the trailhead in Reedsville, off of RT 92. We will bike to the end of the trail, then down to Masontown, before returning to the start.

# Saturday, April 26 at 10:00 AM GAP Trail: Connellsville to Ohiopyle Mike Hawranick 304-641-5564

(\*\*,T) 36 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take RT 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Ohiopyle, with lunch in Ohiopyle, then return to Connellsville.

# Sunday, April 27 at 12:00 NOON Star City to Lake Lynn Dam Karl Diefenbach 304-216-5169

(\*, T and R) 25 miles. Meet in Star City at the bathrooms. We will bike north on the Mon River Trail to Point Marion. From there, we will cross the Cheat River and ride to Lake Lynn Dam, before returning to Point Marion, and back to Star City. (Trail riders can bike to Point Marion and back.)