

**...SPOKIN' RIDES...**

COUNTRY ROADS CYCLISTS GET OUT AND GO!

**March-April 2018 RIDE SCHEDULE**

**Road Captain: Steven Knudsen (304-906-3483)**

**Contact Ride Leader for more details. Wear your helmet.**

**Difficulty Rating: (\*) easy (\*\*) moderate (\*\*\*) difficult (\*\*\*\*) extreme**

**T=trail, R=mostly or all road, T/R = both in roughly equal amounts**

**Saturday, May 5, 9:00 AM Spring Spectacular Kelly Williams 304-292-9821**

Starting Point: 103 School Rd, Mt. Morris, PA. (Mt. Morris Gospel Tabernacle). Choose a 25, 45, or 60-mile Road Ride on scenic, low traffic roads. All routes are reasonably hilly and challenging for fit road cyclists. \$15 Registration fee includes: Coffee and Snacks before the ride; Map and Cue Sheets; Snack Stop and SAG wagon support during the ride. Signed Registration/Waiver Form and helmets required.

**Sunday, May 6, 9:00 AM Bonus Ride Kelly Williams 304-292-9821**

Starting Point: Wharf Parking Garage, 61 Wharf Street, Morgantown, WV 26501. Choose a leisurely 21-mile Rail-Trail Ride, OR a 60-mile Road Ride at a moderate tempo with 5000 feet of climbing. These are free, non-supported rides, but a Signed Registration/Waiver Form and helmets are required.

**Saturday, May 12 at 1:00 PM Kirby Loop, Kelly Williams 304-292-9821**

(\*\*, R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

**Sunday, May 13 at 1:00 PM Decker's Creek Trail, Kelly Williams 304-292-9821**

(\*\*,T) Rail-Trail. 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Reedsville, then return back down the trail to the start.

**Saturday, May 19 at 10:00 AM Kirby Loop Jennifer Previll 304-282-0218**

(\*\*, R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

**Sunday, May 20 at 1:00 PM Decker's Creek Trail, Marilyn Newcome 304-216-9062**

(\*\*,T) Rail-Trail. 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Reedsville, then return back down the trail to the start.

**Saturday, May 26 at 1:00 PM Kirby Loop, Joe Cernelli 724-208-4430 (\*\*, R) 30 miles.**

Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

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**Sunday, May 27 at 1:00 PM Decker's Creek Trail Kelly Williams 304-292-9821**

(\*\*,T) Rail-Trail. 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Reedsville, then return back down the trail to the start.

**Saturday, June 2 at 10:00 AM Kirby Loop Phil Slate 304-777-9663**

(\*\*, R) 30 miles. Meet at the Senior Center (yellow brick building) in Mount Morris. We will do a loop around the back roads of Mount Morris (Kirby Loop).

**Sunday, June 3 at 12:00 NOON BIKE and KAYAK Ride Jennifer Previll 304-282-0218**

(\*) Rail-trail, 20 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to the Little Falls trailhead. We will then return north, and stop at the Twin Spruce Marina. At the marina, anyone may rent a kayak for the river (kayaks can be rented for a donation), or just enjoy the waterfront and docks at Twin Spruce Marina. We will then return to the start.

**Saturday, June 9 at 10:00 AM GAP Overnight Bike Tour Connellsville to Confluence Kelly Williams 304-292-9821**

(\*\*) Trail, 28 miles. Meet at the trailhead behind Martin's in Connellsville. From Morgantown, take Rt 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. We will bike on the GAP from Connellsville to Confluence, with lunch in Ohiopyle, then continuing to Confluence, to stay overnight. NOTE: starting at 10:00 AM For a day trip, cyclists can ride with us to Ohiopyle for lunch, then return to the start. (Day Trip: start from the trailhead behind Martin's in Connellsville).

**Sunday, June 10 at 9:00 AM GAP Overnight Bike Tour Confluence to Connellsville Kelly Williams 304-292-9821**

(\*\*) Trail, 28 miles. From Confluence, cyclists will return on the GAP to the Connellsville trailhead. NOTE: starting at 10:00 AM For a day trip, cyclists can ride to Ohiopyle for lunch, and meet the cyclists returning from Confluence. (Day Trip: start from the trailhead behind Martin's in Connellsville)

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**Saturday, June 16 at 10:00 AM Snake Hill Loop, Marilyn Newcome 304-216-9062**

(\*\*\*) Road, 25 miles or (\*\*) Trail, 22 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7 East). Road riders will bike up Dug Hill, then Fields Park Road, then Tyrone Road. From Tyrone Road, we will start climbing Snake Hill, to Masontown. From Masontown, we will return down Decker's Creek Trail to the start. Rail-trail cyclists can start with us, then continue up Decker's Creek Trail, and meet the group coming down the trail from Masontown.

**Sunday, June 17 at 1:00 PM Decker's Creek Trail ride, Kelly Williams 304-292-9821**

(\*\*, T) Rail-Trail. 32 miles. Meet at the parking lot behind Wendy's in Sabraton (RT 7, East). We will bike up Decker's Creek Trail to Reedsville, then return back down the trail to the start.

**Saturday, June 23 at 10:00 AM Mount Morris/Claughton Chapel, Marilyn Newcome 304-216-9062**

(\*\*\*, R) Road, 30 miles. Meet at the Mount Morris Community Center. From there, we will bike Shannon Run to Claughton Chapel and onto Kirby Road to RT 19 to Mount Morris; stopping in at the Rising Creek Bakery after the return trip.

**Sunday, June 24 at 12:30 PM Prickett's Fort Annual Picnic, Kelly Williams (Road) 304-292-9821 / Jennifer Preville (Trail) 304-282-0218 / Amanda Bise 304-476-3354**

(\*\*\*) Road, 28 miles or (\*\*) Rail-trail, 36 miles. Meet at the Waterfront Jeep parking lot (NOTE: No parking is allowed at the Med Express/Sargasso building.) Join us for our annual picnic at Prickett's Fort. Bring a dish to share for the picnic. Gerry Katz will be at the Waterfront Jeep parking lot to transport the food to the picnic. You can choose one of four options. 1. A road ride along RT 73 to Prickett's Fort. 2. A trail ride along the Mon River Trail. 3. Meet Amanda Bise at Prickett's Fort at 1:00 to ride north to meet riders coming from Morgantown OR, 4. Just show up for the picnic, about 2:30 PM. (Take exit 139 from I-79, north of Fairmont, and follow the directions to the fort.)

**Saturday, June 30 at 10:00 AM Mount Morris/Claughton Chapel, Marilyn Newcome 304-216-9062**

(\*\*\*,R) Road, 30 miles. Meet at the Mount Morris Community Center. From there, we will bike Shannon Run to Claughton Chapel and onto Kirby Road to RT 19 to Mount Morris; stopping in at the Rising Creek Bakery after the return trip.